

Building Protective and Promotive Factors in Our Work with Children, Youth, and Families

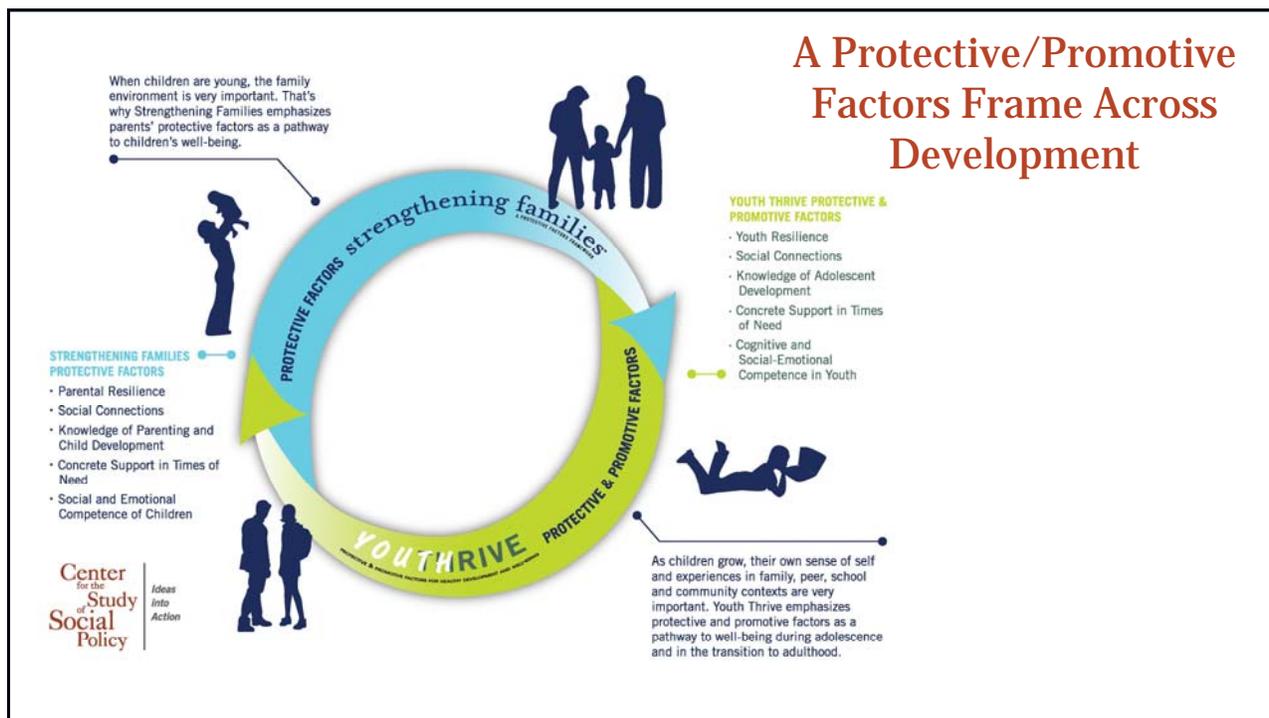
Cailin O'Connor, Center for the Study of Social Policy
Partners in Prevention Conference
August 1, 2016

CENTER FOR THE STUDY OF SOCIAL POLICY'S

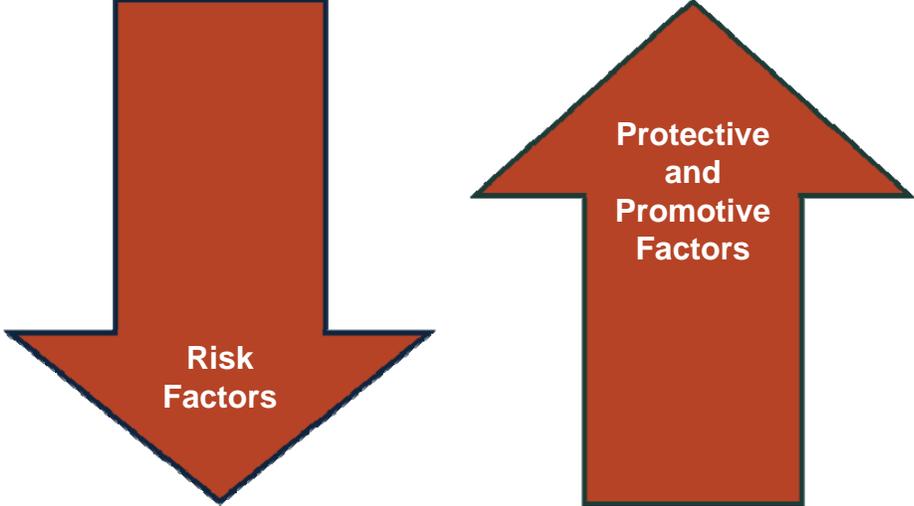
strengthening families
A PROTECTIVE FACTORS FRAMEWORK

YOUTH THRIVE

PROTECTIVE & PROMOTIVE FACTORS FOR HEALTHY DEVELOPMENT AND WELL-BEING



Big Idea #1: A Protective Factors Approach



Risk Factors

Protective and Promotive Factors

PERIOD FOR THE STATE OF MISSISSIPPI
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A MISSISSIPPI PROGRAM FRAMEWORK

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*What we know:
Families and youth gain what they need to be successful when key protective and promotive factors are robust in their lives and communities*

PERIOD FOR THE STATE OF MISSISSIPPI
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A MISSISSIPPI PROGRAM FRAMEWORK

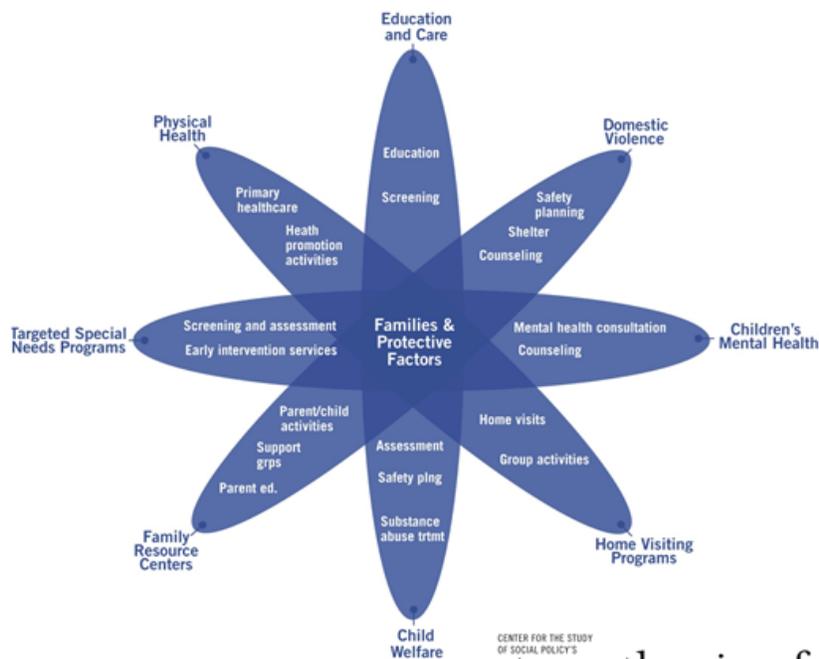
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Big Idea #2: An Approach, Not a Model



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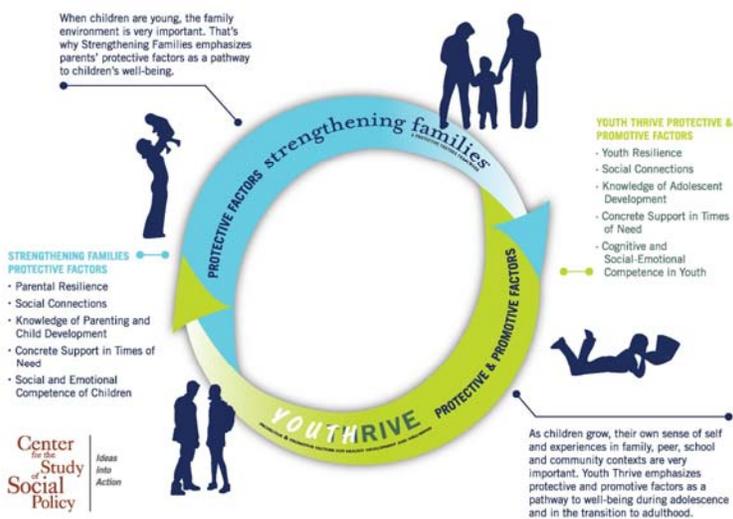
Big Idea #3: A Changed Relationship with Parents and with Youth



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A RESEARCH-BASED PROGRAM

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Big Idea #4: Alignment with Developmental Science



The Protective and Promotive Factors

Parental resilience

Social connections

Knowledge of parenting and child development

Concrete support in times of need

Social and emotional competence of children

Youth resilience

Social connections

Knowledge of adolescent development

Concrete support in times of need

Cognitive and social-emotional competence of youth

REINFORCE THE BELIEF OF SOCIAL RESILIENCE

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A RESILIENCE PROMOTIVE FRAMEWORK

YOUTH THRIVE

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Parental Resilience

EXERCISE
FLEXIBILITY

&

DEVELOP INNER
STRENGTH



Flexibility & Inner Strength = Resilience

Resilience
makes your family

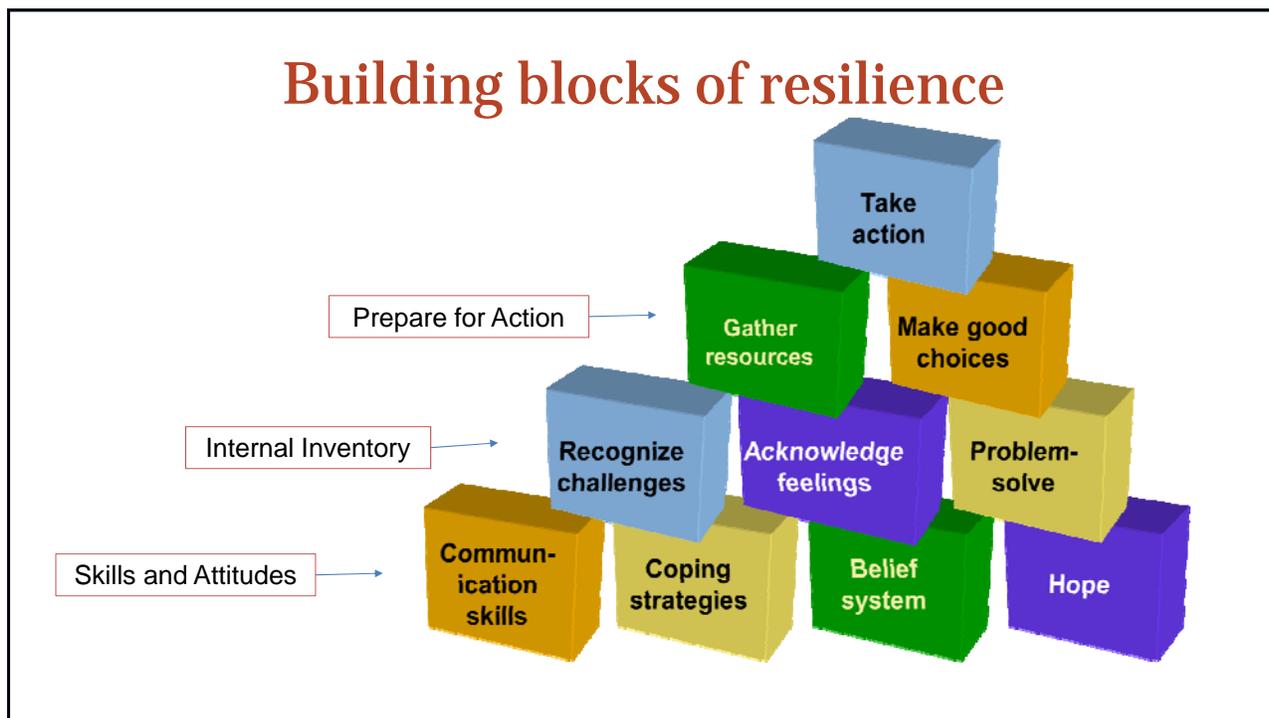
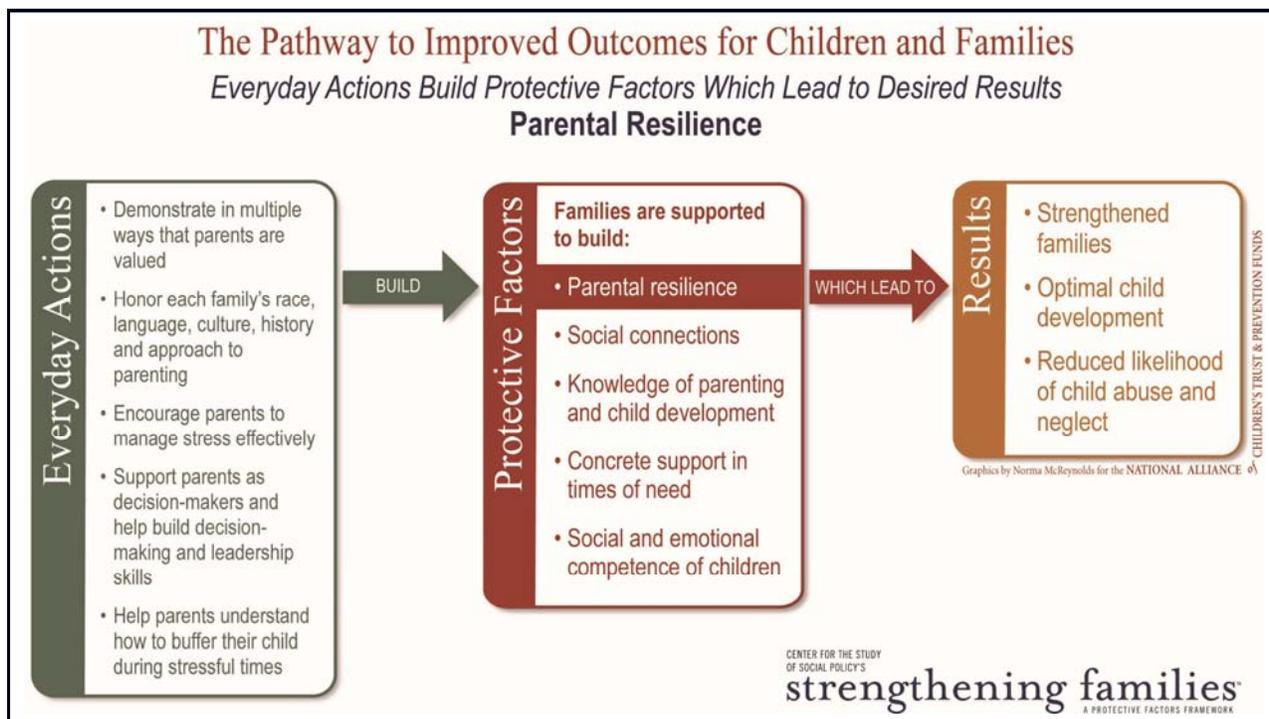
STRONG

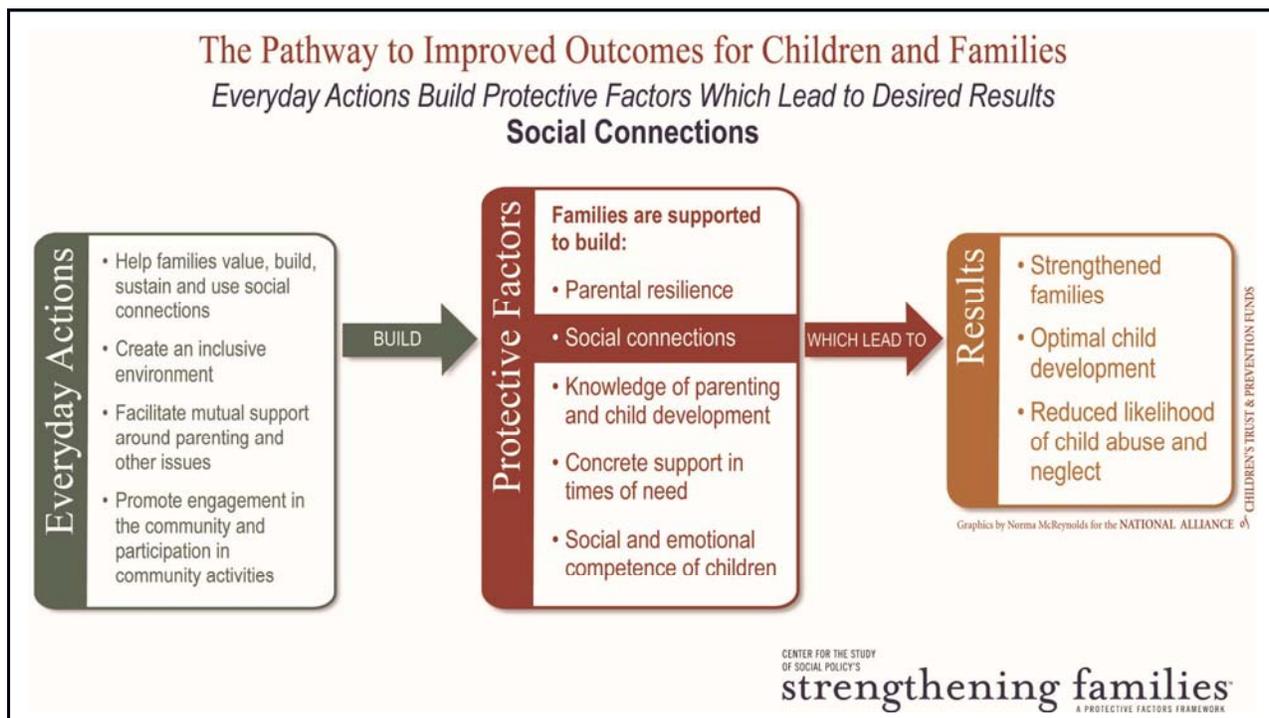
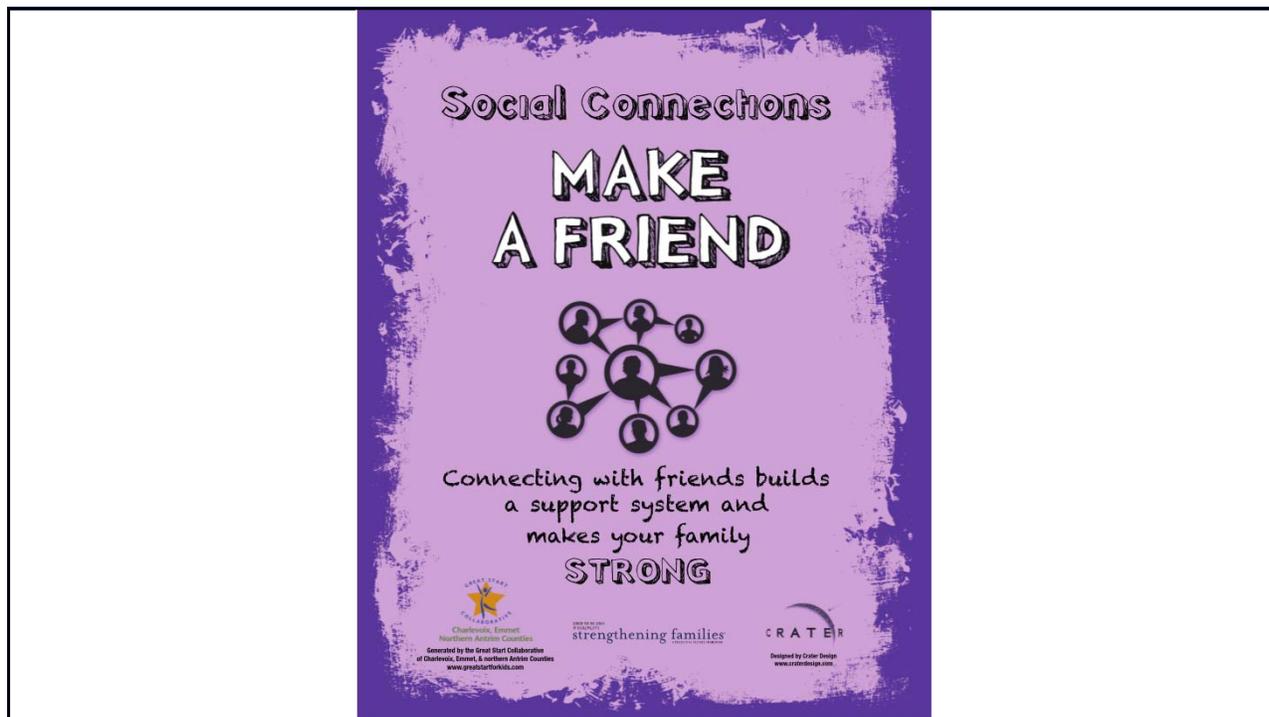

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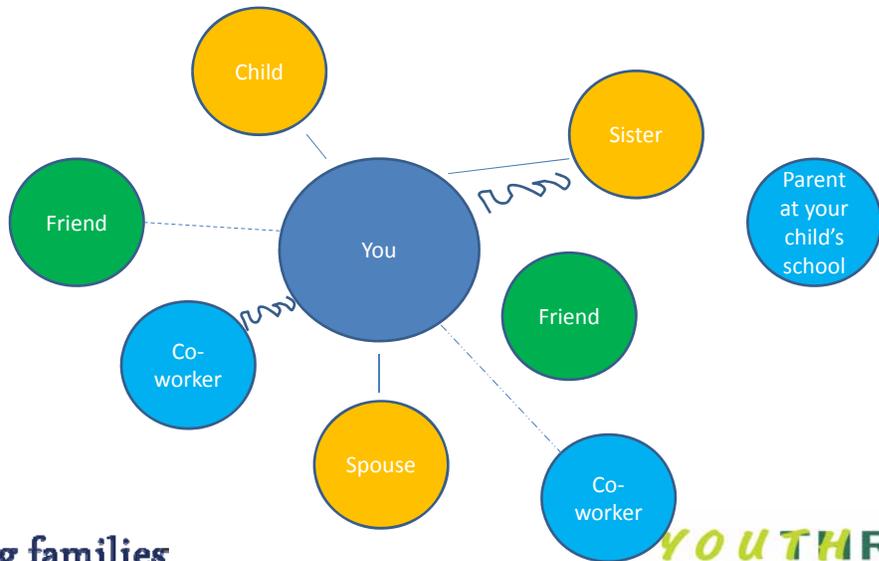

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Building an Eco-map



PLANNING FOR THE FUTURE OF YOUR CHILDREN
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A RESOURCE FOR THE FUTURE FRAMEWORK

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PROTECTIVE & PROMOTIVE FACTORS FOR HEALTHY DEVELOPMENT AND WELL-BEING

Knowledge of Parenting & Child Development
LEARN TO BE YOUR CHILD'S EXPERT



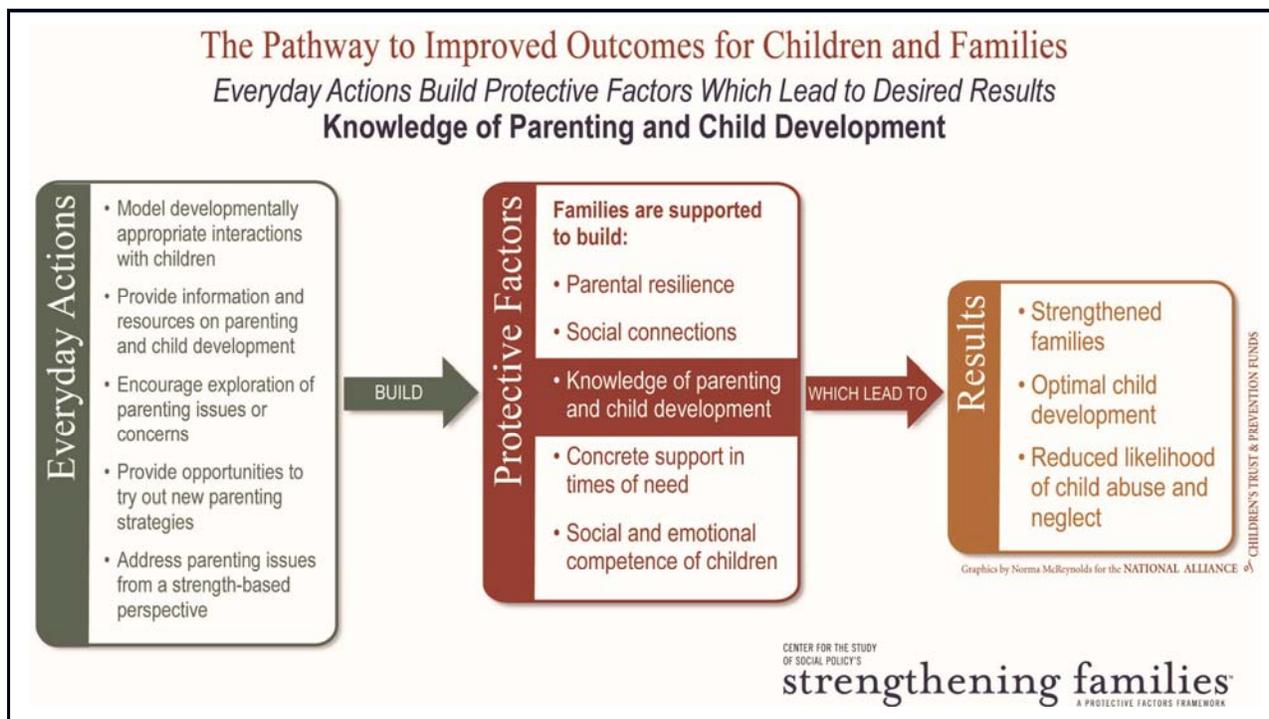
Being a great parent is part natural & part learned. Parent education makes your family

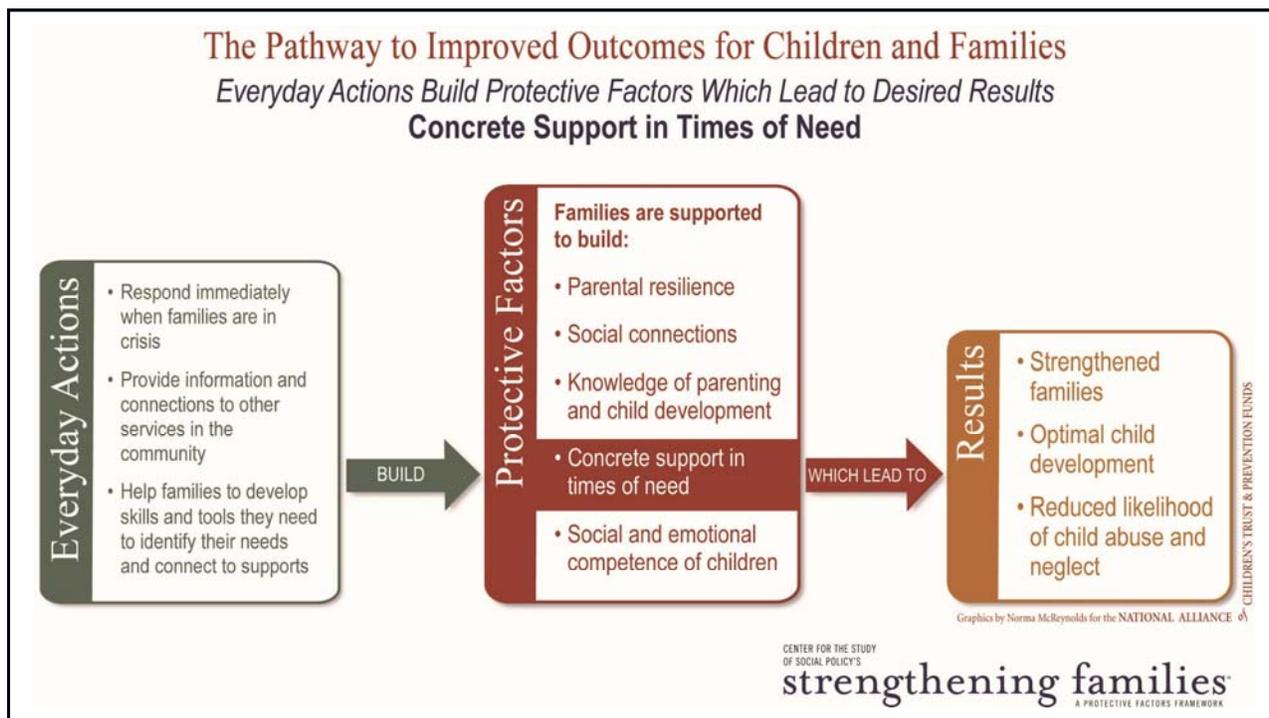
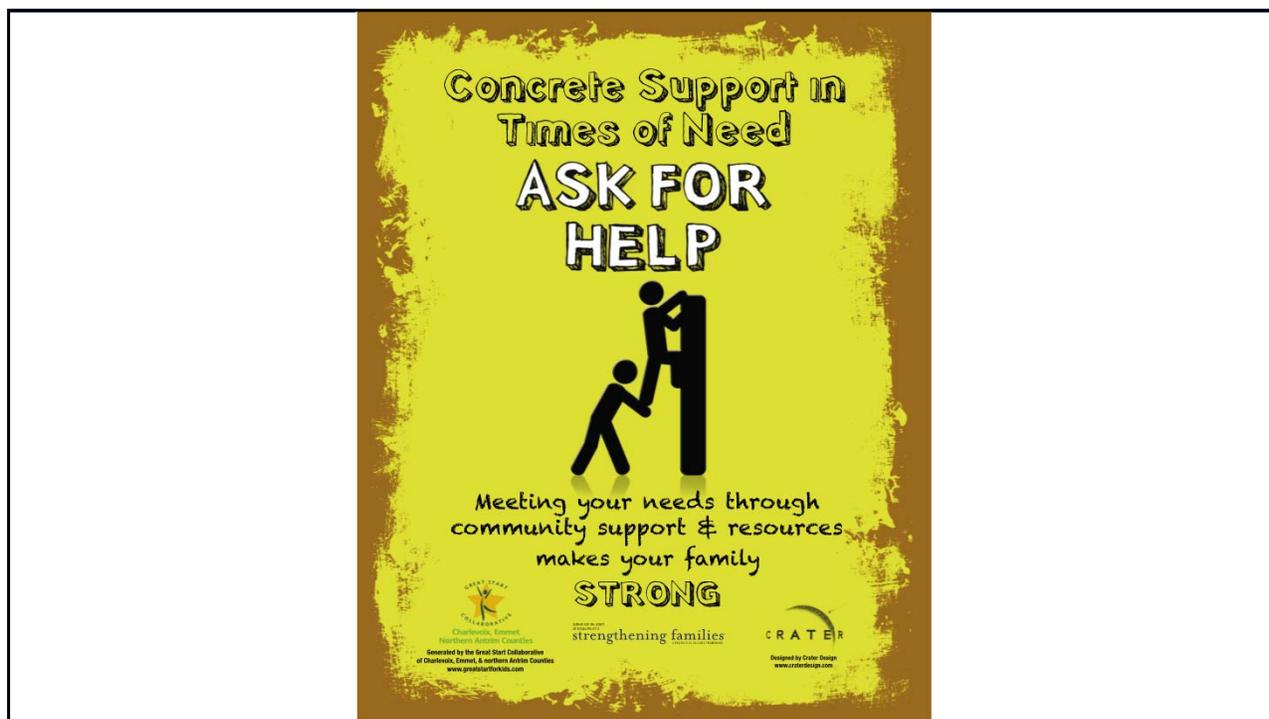
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SUBSTANCE ABUSE SERVICES
MENTAL HEALTH CARE
DOMESTIC VIOLENCE SERVICES
JOB TRAINING
HEALTH CARE
SPECIALIZED SERVICES FOR CHILDREN
EDUCATION
FOOD
SHELTER
CLOTHING



A bridge to services

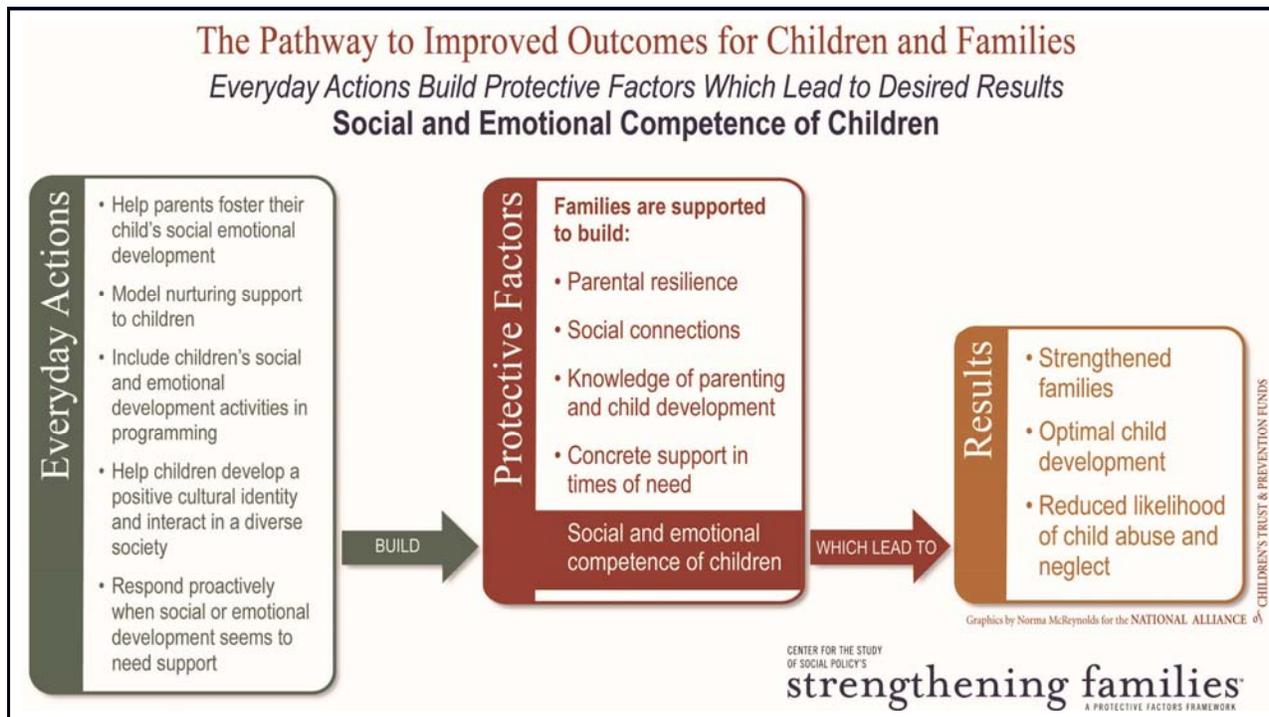
Social & Emotional Competence of Children
GIVE YOUR CHILD WORDS TO EXPRESS HOW THEY FEEL

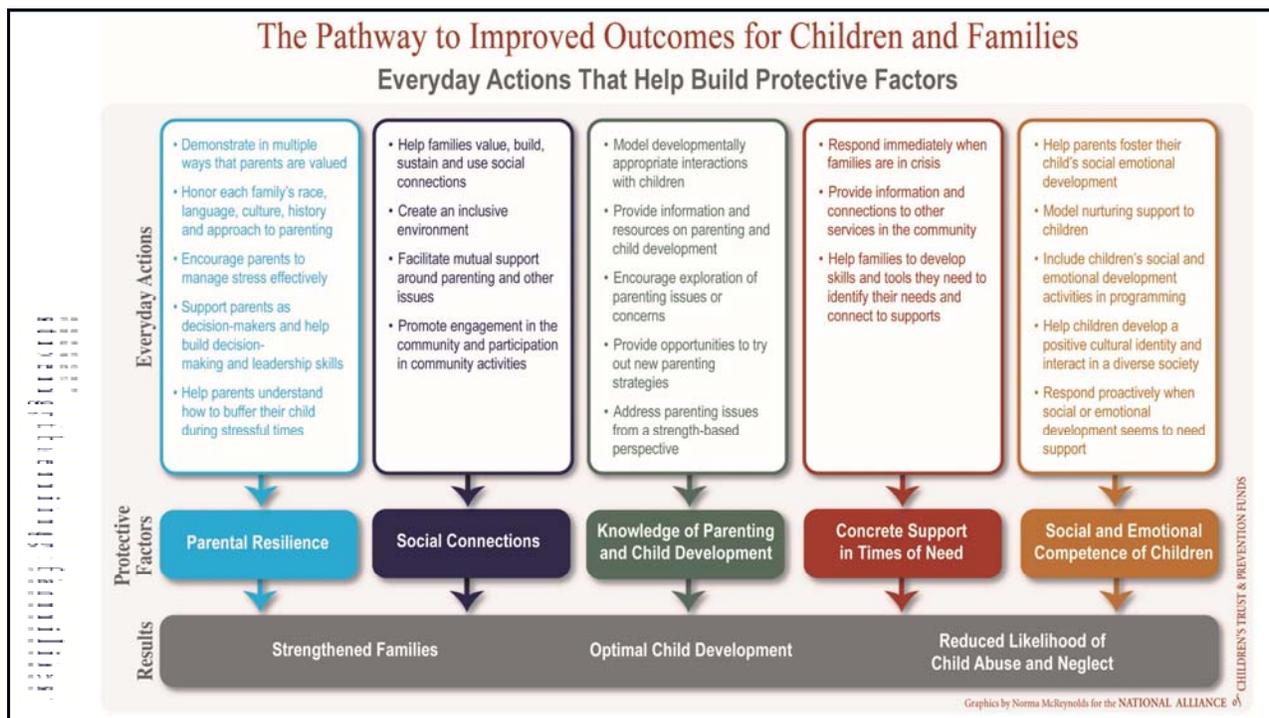


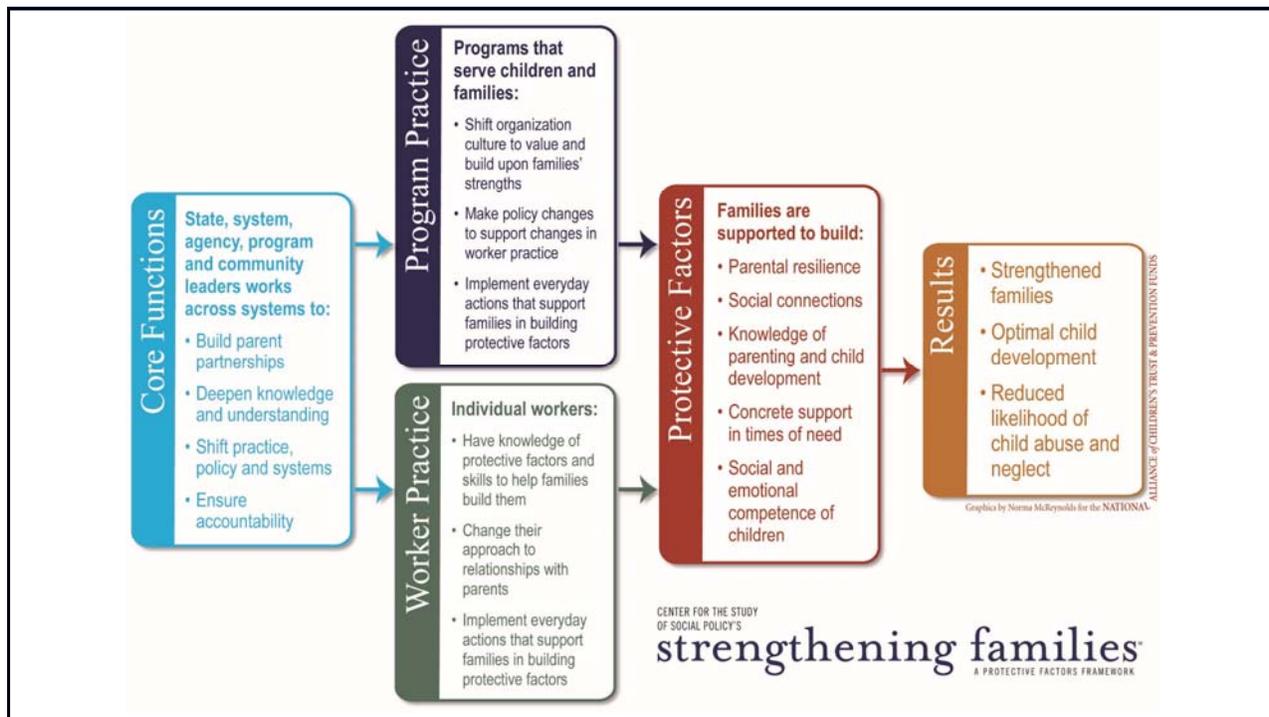
Teaching your child to effectively communicate & interact builds positive relationships and makes your family **STRONG**

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Applying Youth Thrive and Strengthening Families together

- Working across age ranges of children and youth in your caseload
- Supporting young parents who need support for their adolescent development at the same time as they need support in their parenting role
- Other thoughts?

Innovative implementation of Strengthening Families and Youth Thrive

Youth leading the way: Brevard County, FL

The Brevard Family Partnership, a community-based organization that delivers child welfare services in Brevard County, Florida, launched a “trauma-informed care youth summit” in which over 400 leaders across the community have twice gathered to respond to youth recommendations of what they need to succeed and thrive.

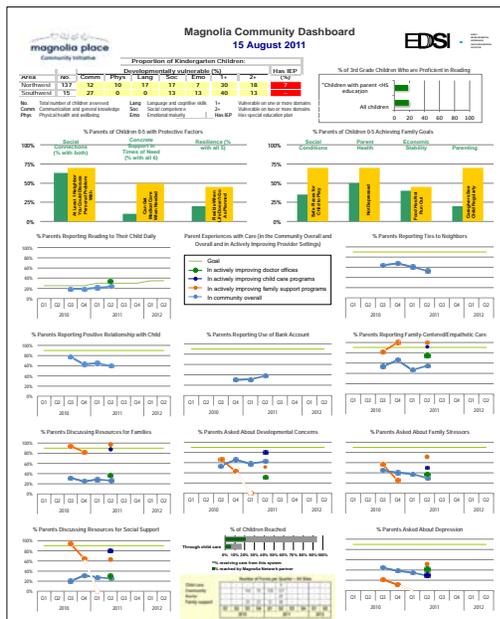
- Community dialogue led by successful young leaders who grew up in foster care.
- Resulted in action steps to be pursued through the system of care including service providers, churches, government leaders, educators, business executives and other stakeholders.
- Youth Thrive committee meets monthly. Goal is to engage the whole community in helping youth to manage risk and move towards resilience.

Beyond individual programs: Magnolia Place, Los Angeles

What would it take to have the 35,000 children living in the neighborhoods within the 5-square mile/500 blocks of the Magnolia Catchment Area break all records of success in their education and their health, and the quality of nurturing care and the economic stability they receive from their families and community?”

- Use Strengthening Families protective factors as a philosophy to align practice among a network of 75 providers
- Baseline survey of 800 individuals on PFs
- Café conversations with community members about what PFs mean to them
- Dashboard—to examine monthly success in engaging families around PFs
- Using EDI to measure impact on school readiness

Shared Outcomes and Measures



Beyond “human services”: Baptist Convention of New Jersey

- Over 300 churches in NJ voted to sign a Strengthening Families covenant: pledging that part of their ministry to families includes building protective factors
- Protective factors have been aligned to key passages from scripture
- Training available for clergy and lay faith leaders on how to implement a protective factors approach in their work with parishioners
- Reverend Darrell Armstrong developed the covenant for clergy of any faith to sign and implement (www.clergytraining.org)



Beyond traditional partners: Pizza and laundry night in Leelanau, Michigan

- Leelanau Children's Center teamed up with the local laundromat and pizza parlor to host a monthly "family night" with conversation about common parenting issues
- Pizza, laundry and child care are free
- The events are packed!

LEELANAU CHILDREN'S CENTER
OF LEELANAU, MICHIGAN
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A YOUTH THRIVE PROGRAM

YOUTH THRIVE
PROTECTIVE & PROMOTIVE FACTORS FOR HEALTHY DEVELOPMENT AND WELL-BEING

If we neglect
taking care of
ourselves, we
can't take care
of others.

juliefebure.com

Many resources available at www.strengtheningfamilies.net

Center for the Study of Social Policy
PARENTAL RESILIENCE

Center for the Study of Social Policy
KNOWLEDGE OF PARENTS' NEEDS AND CHILD DEVELOPMENT

Center for the Study of Social Policy
SOCIAL CONNECTIONS

Center for the Study of Social Policy
CONCRETE SUPPORT IN TIMES OF NEED

Center for the Study of Social Policy
CSSP'S PROTECTIVE AND PROMOTIVE FACTORS

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