

Curriculum Directory

Alabama Department of Child Abuse and Neglect Prevention (ADCANP), The Children’s Trust Fund, makes every attempt to offer up-to-date information on curricula used by successfully funded ADCANP grantees. The following is not an exhaustive list, and ADCANP does not actively endorse any of the listed curricula. Our Department encourages any program that is considering the use of a specific curriculum to investigate curriculum materials, requirements, costs, and outcomes to ensure fidelity of curriculum content and appropriateness to the target population in your community.

In addition to the curricula identified in this directory, a document was published by the Department of Health and Human Services that identifies successful program/curriculum that addresses the prevention of child abuse and neglect. This document is entitled *Emerging Practices in the Prevention of Child Abuse and Neglect* and is available for free as a downloadable PDF file at:

<https://www.childwelfare.gov/pubPDFs/emergingpracticesreport.pdf>

Name	123 Magic and More 123 Magic
Program Type	Parent Education and Support; Fatherhood
Target Audience	The <u>1-2-3 Magic Program</u> continues to offer parents, pediatricians, mental health professionals, grandparents, teachers and even babysitters a simple and gentle-but-firm approach to managing the behavior of 2 to 12-year-olds, whether they are average kids or special-needs children. 1-2-3 Magic Parenting’s Programs also include the popular <u>1-2-3 Magic Teen</u> and <u>All About ADHD</u> .
Credentials	A registered clinical psychologist, Thomas W. Phelan, Ph.D. has worked with children, adults and families for over 35 years.
Curriculum Summary	Resource Overview The two DVDs (CC) cover all the material in the 1-2-3 Magic book and feature Dr. Phelan entertaining seminar presentations and real-life family vignettes that reinforce the concepts. This award-winning, best-selling program provides practical and easy-to-learn parenting techniques that WORK for children ages 2-12. You won’t need to study child psychology to understand the simple steps in the program and get results quickly! Cost of Resource \$66.40 includes two DVDs and a Book Distributing Agency Parent Magic, Inc.
Training Information	The 1-2-3 Magic Parenting training materials are created for mental health professionals and teachers to provide everything you need to prepare, plan, and deliver your own seminars. Our training materials are perfect for one-on-one clinical settings, or small or large group training sessions. See website for additional information.
Certification Required	No
Certification Requirements	None specified
Website	www.123magic.com
Contact	Distributing Phone 1-800-442-4453 Distributing Fax 1-800-635-8301 Distributing Address 800 Roosevelt Road, B-309 Glen Ellyn, IL 60137 E-mail custcare@parentmagic.com

Name	24/7 Dads
Program Type	Fatherhood
Target Audience	Fathers

Credentials	Evidence-based
Curriculum Summary	<p>National Fatherhood Initiative's® flagship fatherhood curriculum is used by thousands of organizations across the country to train fathers to be involved, responsible, and committed 24 hours a day, 7 days a week. 24/7 Dad® is an evidence-based program.</p> <p>24/7 Dad® comes in two versions: A.M. and P.M. Organizations typically run the program with groups of dads for a period of 12 weeks. You may, however, customize it for a shorter time period (e.g. deliver it in 4, 6, or 8 weeks). You may also customize it to best fit your setting (e.g. deliver it to dads one-on-one in a case management or home visiting setting). Talk to our staff about the best way to customize either or both versions for your needs. 24/7 Dad™ is a unique, comprehensive set of fatherhood programs developed by a team of nationally and internationally recognized fathering and parenting experts and with input from fatherhood practitioners. It includes a basic fathering program (24/7 Dad™ A.M.) and a more in-depth program (24/7 Dad™ P.M.), each consisting of 12 two-hour sessions. Each program can be implemented in a group setting or in a one-on-one home-based setting. At the end of each program, fathers and mothers come together to discuss the developments the father has gone through and how it has affected their relationship and family life. Each program stands on its own as a complete program that includes pre and post-assessment evaluation tools. Organizations can use the assessment tools to help a father determine in which program his needs can be best met.</p> <p>Both the 24/7 Dad™ A.M. and 24/7 Dad™ P.M. programs focus on five characteristics that a father needs to be a great dad 24 hours a day, 7 days a week. Both programs cover universal aspects of fatherhood so that men of all cultures, races, religions, and backgrounds can benefit from either program. Organizations can combine programs so that fathers complete the 24/7 Dad™ A.M. program and then transition into the 24/7 Dad™ P.M. program.</p>
Training Information	<p>Receive 1 or 2 days of custom program training at your location for up to 30 attendees or bring your staff together in a room or remotely for a custom webinar training.</p> <p>Our training institutes can be customized with your organization's focus or goals in mind!</p>
Certification Required	No; Training available
Certification Requirements	None
Website	www.fatherhood.org Distributing E-mail programsupport@fatherhood.org
Contact	National Fatherhood Initiative Distributing Phone 301-948-0599; Distributing Fax 301-948-6776 Distributing Address 20410 Observation Drive, Suite 107 Germantown, MD 20876

Name	ARISE Life Skills
Program Type	Non-school based
Target Audience	Parents and grandparents
Credentials	Evidence-based

Curriculum Summary	<p>ARISE life skills lessons engage youth and get the message through. What should you watch for after the lessons? A new sense of well-being, and engaged, motivated, positive attitudes. ARISE has developed an extensive library of evidence-based soft skills materials to teach these valuable skills to kids of all ages. ARISE life skills lessons engage youth and get the message through. What should you watch for after the lessons? A new sense of well-being, and engaged, motivated, positive attitudes. ARISE has developed an extensive curriculum of evidence-based soft skills materials to teach these valuable skills to kids of all ages.</p> <p>Participants discover the easy-to teach ARISE formula that promotes high levels of interaction in group settings. Designed for those directly teaching life-skill lessons to at-risk youth, the training is highly interactive with many opportunities to practice newly found skills. In addition to learning how to conduct the lessons, attendees also learn classroom management skills and tips on how to handle and engage emotionally troubled, disinterested, angry, and disruptive youth. The ARISE Life Skills group facilitator training enables staff to work with youth in a more productive and positive manner.</p> <p><u>Arise Life Skills Lessons for Adults and Youth</u> ARISE Life Skills curricula are bundled together as series. Purchasing the series significantly reduces the price of the individual manuals and workbooks.</p> <p><u>Arise Life Skills Lessons for High School</u> The ARISE High School Curriculum includes life skills books designed for teens and young adults ages 14 to 25.</p> <p><u>Arise Life Skills Lessons for Middle School</u> The ARISE Middle School Curriculum's life skills books are designed for ages 10 to 13.</p> <p><u>Arise Life Skills Lessons for Pre-K / Kindergarten / Elementary School</u> The ARISE High School Curriculum includes life skills books designed for children ages Pre-</p>
Training Information	<p>This training is a comprehensive, self-guided 20-hour program designed to be taken at anytime from anywhere.</p> <p>ARISE On-line Life Skills Training prepares individuals and organizational staff to become ARISE Life Skills Group Facilitators. It is designed for those with no formal teaching experience and others with lots of know-how who want to refresh their skills, continue to educate and inspire youth with the very latest curricula and training the world has to offer. This interactive, transformative training experience will resonate with those anxious to improve the lives of troubled youth.</p> <p>This online training duplicates the interaction that can take place in on-site training. The training is about analyzing, evaluating and using the information that is learned. We teach the staff to ask the right questions so that the youth will elicit the right answers.</p> <p>Ten days after completion of this course, we will mail an ARISE Life-Skills Instructor Certificate.</p>
Certification Required	No certification required; Training available
Certification Requirements	None
Website	Arise.com or https://at-riskyouth.org/curriculum/life-skills-book-series-for-adults-and-youth/
Contact	Toll Free Telephone: 1-888-680-6100 Fax: 1-561-627-1495 Skype: arise-lifeskills Email: answers@arisefoundation.org Mailing Address 601 Heritage Drive, Suite 421 Jupiter, FL 33458

Name	Baby Talk
Program Type	Parent Education and Support
Target Audience	Parents
Credentials	Research-based
Curriculum Summary	<p>Baby TALK educates parents to anticipate the stages of child development through age appropriate newsletters.</p> <p>-Curriculum is flexible allowing for phasing in additional components.</p> <p>-All socioeconomic levels are reachable with this program. Baby TALK provides a curriculum together with training to implement the program. This national program was developed out of research conducted at Harvard University's Child Development Center with Dr. T. Berry Brazelton. It was developed over a period of years and in many different sites. The curriculum is evaluated and revised by professionals as experience</p>

	dictates. The curriculum/newsletters are made available for specific age appropriate milestones. The curriculum is specifically designed for parents of newborns through age three.
Training Information	<p>Baby TALK is a proven model to build a trustworthy system in your community with families as you provide support for families. As a certified Baby TALK Professional, you will gain the necessary skills and tools to engage families through a relationship and research-based curriculum.</p> <p>Training prepares you to deliver programming in your community with a range of intensity of services from universal support to targeted home visiting for vulnerable families.</p> <p>Trainings take place in Decatur, IL, Chicago, IL and Alabama. Baby TALK will bring Certification Training to your region, state or area for trainings of 15 participants or more. Non-Illinois programs, please contact the Baby TALK Learning Institute for Training prices.</p>
Certification Required	Not required, but available
Certification Requirements	Participate in training
Website	http://www.babytalk.org/
Contact	217-475-2234; contact@babytalk.org ; 500 E Lake Shore Dr, Decatur, IL 62521

Name	Boys Town Common Sense Parenting for Preschoolers and Toddlers/School Age Children
Program Type	Parenting Education and Support
Target Audience	Parents of preschoolers, toddlers and school-age children
Credentials	Evidence-based
Curriculum Summary	A great guidebook for parents of children 6 to 16 facing family challenges. This updated edition answers parents' commonly asked questions and offers expanded chapters on setting reasonable expectations for children, creating predictable family routines that help children feel secure, and putting together a parenting plan. "Common Sense Parenting" also addresses many topics of special interest or concern, including how to deal with peer pressure and school problems, identifying the dangers of the internet and social media, and teaching children how to develop healthy relationships with others.
Training Information	Not specified; See website for additional
Certification Required	No
Certification Requirements	None
Website	https://www.boystown.org/parenting/Pages/common-sense-parenting.aspx
Contact	Boys Town, PO Box 8000, Boys Town, NE 68010 800-217-3700

Name	Building Strong Families
Program Type	Parent Education
Target Audience	Working families with children
Credentials	<p>A 1995 Statewide needs assessment showed that 93 of 114 Missouri counties wanted programs to strengthen local families. In response, field and state Extension faculty formed the Building Strong Families base program team. Fifteen team members came together from all regions of Missouri, University of Missouri-Kansas City and University of Missouri-Columbia. They have backgrounds in substance abuse treatment and prevention, consumer and family economics, environmental design, human development, human environmental sciences and 4-H youth development.</p> <p>The team first consulted their colleagues and community partners around Missouri, and then created the research-based program, <i>Building Strong Families: Challenges and Choices</i>. <i>Building Strong Families</i> (BSF) is</p>

	<p>designed to help families identify their own strengths and learn skills to build on those strengths. The program uses a 13-module curriculum that can be adapted for families of different types and in different settings and situations.</p> <p>Team members and trained facilitators have tested the program in both rural and urban settings. Communities can customize the multi-session program by offering Family Strengths followed by two or more modules of the participants' choice.</p>
Curriculum Summary	<p><i>Building Strong Families: Challenges and Choices</i> is based on a simple philosophy that is supported by empirical research. Program developers believe that all individuals and families have strengths that can be enhanced if they are treated as partners in their own learning process. In fact, researchers have identified a number of strengths that are found in families of all types in many different situations and settings, and adult learning theory says that adults do learn better in partnership with a facilitator.</p> <p>In this program, the topic of family strengths is explored within the framework of nine particular strengths identified by researchers. They can be found in any family, regardless of its makeup or circumstances. They are:</p> <ul style="list-style-type: none"> • Caring and Appreciation • Time Together • Encouragement • Commitment • Communication • Coping with Change • Spirituality • Community and Family Ties • Clear Roles <p>This curriculum includes the information you need to offer workshops on thirteen different topics: Family Strengths, Communicating, Managing Stress, Child Self-Care, Food and Fitness, Working, Go For It!, Positive Discipline, Money Matters, Balancing Responsibilities, Consumer Beware, Healthy Home, and Kids and Self-Esteem.</p> <p>Number of Sessions</p> <p>The program philosophy requires that the first module, Family Strengths, begin each multi-session program. Research shows that family programs are most effective when participants come to several sessions. The program design team recommends at least seven sessions for each group of families who participate in the program. At a minimum, facilitators are strongly encouraged to teach at least three sessions per group and are required to begin with the Family Strengths module.</p>
Training Information	<p>Training is for anyone who offers educational programs to families. The training provides:</p> <ul style="list-style-type: none"> • Curriculum and content information • Facilitation skills training and practice • Marketing and programming ideas • Networking opportunities <p>Registration information will be posted here when exact training dates are announced.</p> <p>Other training options: We also offer a customized training at your location. Once certified, you can coordinate and teach the Building Strong Families program series.</p>
Certification Required	Yes; provided with training
Certification Requirements	Yes: provided with training
Website	DothageM@missouri.edu
Contact	<p>Kathy Dothage Building Strong Families Program Coordinator University of Missouri Extension 1205 University Avenue, Ste. 400</p>

	Columbia, MO 65211 573-882-0636
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Name	Child Lures Prevention Think First and Stay Safe
Program Type	School-based; Parent Education and Support
Target Audience	For students from Kindergarten through Sixth grades. Area of Prevention Youth Targeted Education
Credentials	Research-based
Curriculum Summary	<p>The research-based Child Lures Prevention School Program teaches students vital life skills to keep them safe from sexual abuse, date rape, abduction, Internet crime, drugs and school violence. Its non-threatening, empowering approach has been enthusiastically embraced by educators, psychologists, parents, and students alike in over 2000 school systems nationwide. A Think First & Stay Safe Parent Guide is sent home with each student to help Moms, Dads, and other caregivers reinforce the Program's vital prevention strategies at home.</p> <p>This program covers Erin's Law topics of what child sexual abuse is, who are trusted adults, how to report sexual abuse and all secrets can be told. The program is taught in up to four 30-minute sessions.</p> <p>For Middle School and High School students we use Safe Dates curriculum. This program covers peer-to-peer sexual violence, trusted adults, how to report sexual abuse, and bystander intervention. Safe Dates is taught in up to four 1-hour sessions.</p>
Training Information	None specified
Certification Required	No
Certification Requirements	None
Website	www.childlures.com
Contact	Phone 1-800-552-2197 Distributing Fax 1-802-985-8418 Distributing Address 5166 Shelburne Road Shelburne, VT 05482

Name	Conscious Discipline: School to Heart to Home
Program Type	Parent Education and Support
Target Audience	Parents of students in grades Prek-8 th grade and parents of children ages 0-3
Credentials	Recognized by NREPP, SAMHSA's National Registry of Evidence-based Programs and Practices. Aligns with National Head Start Standards

Curriculum Summary	Conscious Discipline provides evidence-based, systematic change in the way adults and children perceive behavior. The curriculum meets families where they are, empowering all families to experience increased success. The Conscious Discipline Parent Education Curriculum systematically teaches a perceptual shift that allows adults to interpret the need behind children’s behavior more accurately. It then provides foundational skills so adults can problem solve and implement effective solutions.
Training Information	Conscious Discipline Manual, Premium Parent Education Package, Conscious Discipline e-course
Certification Required	Completion of Conscious Discipline e-course
Certification Requirements	None
Website	www.consciousdiscipline.com
Contact	Dr. Becky Bailey, author

Name	Darkness to Light’s Stewards of Children Training
Program Type	Parent Education and Support; Public Awareness
Target Audience	All adults, but especially those who work or volunteer with children and/or youth in any setting, including childcare, schools, churches, recreation, sports, and many other youth serving organizations, as well as parents and other adult relatives of children and youth, and any adults who care about the safety of children and youth.
Credentials	Evidence-based; Aligned with the National Head Start Standards
Curriculum Summary	<p>Darkness to Light is a national nonprofit organization that seeks to empower adults to prevent child sexual abuse. Their programs raise awareness and educate adults how to prevent, recognize, and react responsibly to child sexual abuse.</p> <p>Stewards of Children Training is an evidence-informed curriculum that teaches adults the information and skills needed to prevent child sexual abuse.</p> <p>As a result of the 2-hour training, adults learn to identify risky situations for child sexual abuse, skills to prevent child sexual abuse, signs that it is occurring and how to react responsibly (including reporting) if child sexual abuse is suspected, disclosed or discovered.</p> <p>Stewards of Children Training features documentary-style film, hosted teaching of specific skills, and a workbook. The workbook cost is \$10 per individual workbook and can be ordered in larger quantities at reduced rates.</p> <p>An Authorized Facilitator leads each training session using the training film, workbook and group discussion about key points. It has been independently evaluated and shown to be effective at increasing adult knowledge and changing child protective behaviors of adults.</p> <p>Stewards of Children training curriculum is centered around the 5 Steps to Protecting Our Children. Briefly summarized, these steps are:</p> <ul style="list-style-type: none"> • <u>Learn the Facts</u> – 1 in 10 children are sexually abused, in family and youth settings. • <u>Minimize Opportunity</u> – Eliminate or reduce one-on-one situations to decrease risk for abuse. • <u>Talk About It</u> – Have open conversations with children about our bodies, sex, and boundaries. • <u>Recognize the Signs</u> – Know the signs of abuse to protect children from further harm. • <u>React Responsibly</u> – Understand how to respond to risky behaviors and suspicions or reports of sexual abuse <p>The training is also available online at \$10 per person. There is a discount code that allows participants to take the training at no charge through an initiative called Flip the Switch. Darkness to Light states that the outcomes of the online training are similar to the in-person training. The benefit of in-person training is that all participants for a organization experience the training together and have the benefit of group discussion lead by an Authorized Facilitator.</p>
Training Information	To provide Stewards of Children training, the presenter must attend a one-day Facilitator Workshop provided by Darkness to Light, thereby becoming an Authorized Facilitator. Cost of the Facilitator Workshop is \$450 per person, payable to Darkness to Light.

	<p>The National Children’s Advocacy Center, through an agreement with Darkness to Light, offers Facilitator Workshops several times per year in Huntsville.</p> <p>The dates, and perhaps locations, of these Facilitator Workshops could be coordinated with Alabama Department of Child Abuse and Neglect Prevention to coincide with the grant calendar so that Authorized Facilitators are trained at the beginning of the grant year.</p>
Certification Required	Must be an Authorized Facilitator trained by Darkness to Light. See Training Information above.
Certification Requirements	See Certification Required and Training Information above.
Website	www.d2l.org
Contact	843.965.5444

Name	Devereux Institute’s: Your Journey Together
Program Type	Parent Education
Target Audience	YJT is designed for families with young children – infants, toddlers, preschoolers – many of the concepts apply to families with children of all ages.
Credentials	The study was written and conducted in collaboration with Dr. Ana Leon of the University of Central Florida. The one-year study was designed to collect data from parents of children ages birth through five years who were referred to participating agencies for home-based services by the Division of Children and Families.
Curriculum Summary	<p><i>Your Journey Together</i> (YJT) is a strength-based curriculum designed to promote the social and emotional well-being and resilience of vulnerable children and their families. The YJT curriculum focuses on empowering parents to promote safe, trusting and healing environments – all key elements of a trauma-sensitive program. While YJT is designed for families with young children – infants, toddlers, preschoolers – many of the concepts apply to families with children of all ages.</p> <p>The goal of YJT is to provide parents and guardians with the knowledge and skills that promote resilience and help family members better cope with life’s challenges and reach their full potential. <i>Your Journey Together</i> shows parents how to use ordinary, everyday routines, activities and interactions as resilience-building opportunities.</p> <p>Trauma Sensitive</p> <p>Your Journey Together is designed to be delivered with sensitivity to the prevalence of trauma in the lives of vulnerable children and families. The YJT curriculum was developed to reflect the six key principles of a trauma-informed approach promulgated by the Substance Abuse and Mental Health Services Administration (2014): safety; trustworthiness; peer support; collaboration; empowerment, and cultural, historical and gender issues. See this alignment tool for more information on how these principles are incorporated into the YJT curriculum.</p>
Training Information	See Devereux Institute’s: Your Journey Together website for training information
Certification Required	See program for information
Certification Requirements	See program for more information
Website	DCRC@devereux.org
Contact	1-866-872-4687 444 Devereux Drive Viillanova, PA 19085

Name	Healthy Families America
Program Type	Evidence-based
Target Audience	Adults/Families
Credentials	Research-based; “Moreover, a considerable amount of research has been conducted on our model—nearly 20 publications document independent, randomized control trials that demonstrate positive outcomes for HFA families compared to control groups not receiving HFA services.”
Curriculum Summary	HFA is designed for parents facing life stresses such as single parenthood, low income, childhood history of abuse and other adverse child experiences, and current or previous issues related to substance abuse, mental health issues, and/or domestic violence. Families are typically enrolled prenatally or within three months of birth, and for HFA sites approved to use the model’s child welfare protocols, up to age twenty-four months. Once enrolled, services are offered to families for a minimum of three years. To learn more about HFA, please visit healthyfamiliesamerica.org .
Training Information	<p>Core training requirements for direct service staff: Our comprehensive accreditation and training program is designed to ensure affiliates implement the HFA model to fidelity, guaranteeing that families receive quality care. Accessing in-person training from our certified trainers and Healthy Families America (HFA) national office staff is one of the great benefits of being an affiliate. All Staff must receive thorough orientation, as well as what we call <i>core training</i>. There are two core trainings:</p> <ul style="list-style-type: none"> • Foundations for Family Support (FFS) • Parent Survey for Community Outreach (PSCO) <p>FFS is required for family support specialists (those who conduct home visits). PSCO is required for family resource specialists (those who conduct the initial assessment/parent surveys) with families. These are four-day in-person trainings and can only be administered by HFA certified trainers. Direct service staff must receive these trainings within six months of hire.</p> <p>Core training requirements for supervisors and program managers: All supervisors and program managers need BOTH Parent Survey for Community Outreach (PSCO) and Foundations for Family Support (FFS) core trainings. Additionally:</p> <ul style="list-style-type: none"> • Supervisors and program managers must stay for one extra day of core training (following both PSCO and FFS). This is referred to as “fifth day” training, as it typically occurs on the Friday after trainees have spent Monday–Thursday in core training. Supervisors need to obtain this training within 6 months after being hired. Program managers need this training within the first 18 months of employment. • Program managers must also attend Implementation Training (within their first 18 months of being on the job).
Certification Required	No; Training required
Certification Requirements	See training information.
Website	healthyfamiliesamerica.org
Contact	Call: 312-663-3520 Email: hfamail@preventchildabuse.org Write: Healthy Families America, Prevent Child Abuse America, 228 S. Wabash, 10th Floor Chicago, IL 60604

Name	Home Instruction for Parents of Preschool Youngsters (HIPPI)
Program Type	Home Visitation
Target Audience	Kindergarten and First Grade
Credentials	Evidence-based

Curriculum Summary	<p>Our Proven Model delivers 30 weeks of lessons to parents at home who in turn teach their two to five-year-old child for 20 minutes each day. The HIPPY activities include reading, math, science, motor, and language skill in which cognitive, creative, social, and emotional development is addressed. The program is combined with group meetings where other HIPPY families can engage, support, and share experiences. These gatherings are key to the child's success and encourage the family to stay committed to HIPPY.</p> <p>A unique aspect of HIPPY is its scripted curriculum, highlighted below, is used to teach parents through a peer-to-peer approach, using role-play and interactive activities.</p> <p>One-on-one training and career advancement opportunities are available for parents.</p>
Training Information	<p>Training and Professional Development:</p> <p>HIPPY is pleased to support a wealth of webinars and important updates dedicated to the academic attainment and success of children in their formative years and above that engages educators, NGOs service providers, funders, government, parents and those working in community development. Please note that some webinars are recording and may charge a fee, have unique ways of connecting and seating may be limited.</p> <p>This system offers specialized <u>job training</u> for our home visitors and fosters leadership development and career advancement opportunities for our staff and our parents.</p>
Certification Required	None specified; See website for additional information
Certification Requirements	None specified; See website for additional information
Website	hippyusa.org
Contact	501-537-7726 Info@hippyusa.org

Name	I'm Safe and Sure (Local and National Camp Fire Programs)
Program Type	School-based
Target Audience	Kindergarten and First Grade
Credentials	Evidence-informed and research-based
Curriculum Summary	<p>Teaches self-help skills, home and personal safety and family responsibility</p> <ul style="list-style-type: none"> • handle threats to their safety and security • take care of themselves in different situations • provide service to their communities <p>The objective of this program is to help young children gain self-confidences and assertiveness skills. Students also gain knowledge about safe adults, appropriate touch and prescription drug safety. Through this program the children will promise to make safe decisions in all kinds of tough situations. Storyboards are used each week to address age-appropriate topics which include storylines and characters that are culturally, racially, and ethnically diverse.</p> <p>The program meets once a week for a duration of six (6) weeks, and each session will be thirty (30) minutes long.</p>
Training Information	None specified; Contact Camp Fire National Headquarters
Certification Required	None specified; See website for additional information
Certification Requirements	None specified; See website for additional information
Website	campfire.org
Contact	816-285-2010; © 2020 Camp Fire National Headquarters 1801 Main, Suite 200, Kansas City MO, 64108

Name	InsideOut Dad 3rd Edition
Program Type	Fatherhood
Target Audience	Fathers
Credentials	Evidence-Based
Curriculum Summary	<p>InsideOut Dad® connects inmate fathers to their families, helping to improve behavior while still incarcerated and to break the cycle of recidivism by developing pro-fathering attitudes, knowledge, and skills, along with strategies to prepare fathers for release. Incarcerated</p>

	fathers get the tools they need to become more involved, responsible, and committed in the lives of their children -- providing increased motivation for them to get out and stay out.
Training Information	<p>All training registrants must own a Complete Program Kit and have the Facilitator's manual available during training. If you/your organization has already purchased a Complete Program Kit, additional Facilitator's Manuals may be purchased.</p> <p>Benefits of Training: Offers an affordable way to train new staff facilitators or volunteers Teaches your staff how to implement the program with fidelity Addresses how to shorten the program for jails or other short-term arrangements Helps facilitators become comfortable with the curriculum and be ready to lead their next class Receive a training certificate upon confirmed participation</p> <p>To clarify, this training will not: Train individuals to train other facilitators of the program Train you how to specifically use the program in a one-on-one setting (e.g. home visitation)</p>
Certification Required	Available; Doesn't appear to be required
Certification Requirements	Attend Training; have training brought to your personal site
Website	https://www.fatherhood.org/curricula-training
Contact	fathersource@fatherhood.org

Name	Kid Ability
Program Type	School-Based
Target Audience	Elementary students – K-3 rd grades
Curriculum Summary	<p>Kid Ability is a sexual abuse prevention curriculum that teaches children the following:</p> <ul style="list-style-type: none"> • Increases children's confidence to protect themselves by identifying their own special gifts and abilities • Strengthens skills for identifying unsafe situations and provide a strategy for responding assertively to unsafe situations, including avoiding them whenever possible. • Helps children distinguish between good touches and problem touches and to respond assertively to problem touches • Teaches children the importance of seeking help, to whom they can go for help and how to ask assertively and effectively
Training Information	Girls Inc staff are trained by our National Office and local affiliate staff
Certification Required	N/A
Certification Requirements	N/A
Website	https://girlsincmaha.org/

Contact	Girls Incorporated of Omaha 2811 North 45 th Street Omaha, Nebraska 68104 Phone: 402-457-4676
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Name	Life Skills Training
Program Type	Non-school based
Target Audience	Grades 6-9
Credentials	Research-based
Curriculum Summary	<p>This program is aligned to the National Health Education standards and to CASEL’s social and emotional learning competencies. Program Learning Objectives:</p> <ul style="list-style-type: none"> • Personal Self-Management Skills – Students develop skills that help them enhance self-esteem, develop problem-solving abilities, reduce stress and anxiety, and manage anger for better mental health. • General Social Skills – Students gain skills to meet personal challenges such as overcoming shyness, communicating clearly, building relationships, and avoiding violence. • Drug Resistance Skills – Students build effective defenses against pressures to use tobacco, alcohol, and other drugs. <p>Program Structure: Grades 6-9</p> <ul style="list-style-type: none"> • The program is designed to be taught in sequence over three years in middle school or junior high. The curriculum is intended to be taught sequentially to build on skills learned in the previous levels. Any students taking the program for the first time should receive level 1, followed by booster sessions (levels 2 and 3).
Training Information	<p><i>Life Skills</i> Provider Training Workshops prepare teachers, school counselors, prevention specialists, police officers, community youth educators, and other program providers to effectively implement the state-of-the-art prevention education activities and teaching strategies found in the LST program.</p> <p>Each workshop plays an important role in enhancing the confidence and skill capacity of participants, resulting in optimal implementation of the LST program. While training is not required, it is highly recommended in order to achieve optimal program results. Training increases the effectiveness of the program and assists providers to develop implementation strategies for the programs comfort and fit in individual sites.</p> <p>These customizable training services are available through National Health Promotion Associates, Inc. (NHPA), a health consulting, research, and development firm founded by Dr. Botvin, the developer of the Botvin <i>LifeSkills Training</i> (LST) program.</p> <p>Training Objectives:</p> <p><i>LifeSkills</i> Provider Training workshops are designed to:</p> <ul style="list-style-type: none"> • Review the background theory, research and rationale behind the LST program • Familiarize participants with the <i>LifeSkills</i> curriculum • Teach participants the skills needed to successfully conduct the LST program • Discuss practical implementation issues • Provide an opportunity to practice teaching selected portions of the <i>LifeSkills</i> curriculum.
Certification Required	No
Certification Requirements	None; Training available
Website	https://www.lifeskillstraining.com/
Contact	lstinfo@nhpamail.com
	International Junior Master Gardener Program, 225 Horticulture/Forestry Bldg, Texas A&M AgriLife Extension, College Station, TX 77843-2134

Name	Love & Logic’s Supporting Youths with Special Needs
Program Type	Parent Education and Support
Target Audience	Youth Ages: 12-17
Credentials	Limited empirical research
Curriculum Summary	This four module curriculum is designed to be a follow-up/bonus program for parents, educators and other professionals that have already attended a Love and Logic Early Childhood Parenting Made Fun®, Parenting the Love and Logic Way®, Love and Logic:

	<p>Adults Supporting Youth with Challenging Pasts®, or 9 Essential Skills for the Love and Logic Classroom® class.</p> <p>Participants will learn:</p> <p>A process for understanding the unique needs and competencies of each child. How to avoid becoming overwhelmed by a child's multiple, severe disabilities. How to maintain healthy "can-do" expectations. Tips for teaching essential life skills. Skills for developing and maintaining a cooperative parent -school team. Strategies for reaching discouraged and resistant learners. And much more! This bonus curriculum comes complete with easy-to-follow, step-by-step instructions similar to our other facilitated curricula.</p> <p>Module 1: Understanding Their Unique Needs and Gifts Module 2: Maintaining Healthy "Can-Do" Expectations Module 3: Developing and Maintaining Positive Parent -Teacher Relationships Module 4: Reaching Discouraged and Resistant Learners</p>
Training Information	<p>The Love and Logic Institute holds a three-day, hands-on training for instructors of the <i>Love and Logic: Supporting Youth with Special Needs</i>® curriculum. These conferences are designed to enhance your instructional skills through specialized and intensive sessions with program developers Jim Fay, Charles Fay, Ph.D., and Foster W. Cline, M.D. Attendees will hone their knowledge of the <i>Love and Logic: Supporting Youth with Special Needs</i> curriculum and philosophy while polishing their professional presentation skills and strengthening their confidence Call 800-338-4065 for more information</p>
Certification Required	No
Certification Requirements	None specified
Website	https://www.loveandlogic.com/a/info/parent-training-curricula
Contact	800-338-4065
	2207 Jackson Street Golden, Colorado 80401-2300

Name	Mentoring Works
Program Type	Mentoring; School-based
Target Audience	Adults and children K-12
Credentials	Created for BBBS
Curriculum Summary	<p>MENTORING WORKS! Peer Helping Program is built upon the completion of several activities that teach important life skills and promote self -exploration. Big Brothers Big Sisters will serve as a catalyst in establishing and working with mentor/mentee. Helping these students find out more about their own personal values will aid them in their mentor/mentee relationship building. Completion of program activities will be facilitated by students, agreeing to work together under the guidance of BBBS. Short - and long-term goals will provide the framework for activities, academic and social, designed to promote a positive nurturing relationship within mentor/mentee pairs.</p>
Training Information	Big Brothers Big Sisters of America (BBBSA)
Certification Required	Contact BBBSA
Certification Requirements	Contact BBBSA
Website	www.bbbs.org
Contact	(813) 720-8778

Name	Nurturing Parenting
Program Type	Fatherhood & Parent Education & Support
Target Audience	Adults- Parents
Credentials	Evidence-informed and research-based
Curriculum Summary	<p>The Nurturing Parenting Programs are a <i>family-centered trauma-informed</i> initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices. Since 1983, our evidence-based Nurturing philosophy has helped families from all over the world and in all branches of the military improve their parenting skills.</p>

	The long-term goals are to prevent recidivism in families receiving social services, lower the rate of multi-parent teenage pregnancies, reduce the rate of juvenile delinquency and alcohol abuse, and stop the intergenerational cycle of child abuse by teaching positive parenting behaviors.
Training Information	Training is necessary to ensure proper understanding and implementation of the Nurturing Programs. The success of the programs depends on competent, qualified professionals understanding the implementation, goals and philosophy of the program. <u>Trainings are posted on the website</u> . Agencies can also host trainings through their agency by contacting the <i>Family Nurturing Center</i> : FNC@NurturingParenting.com .
Certification Required	None specified
Certification Requirements	None provided
Website	FDR@NurturingParenting.com
Contact	(800) 688.5822

Name	Nurturing Parenting Program
Program Type	Non-School Based After School; Family Strengthening
Target Audience	students ages 8-17; parents of children with behavioral issues in the schools, courts or community
Credentials	<p>National Recognition and International Utilization The Nurturing Parenting Programs are recognized by the Substance Abuse and Mental Health Services Administration (SAMHSA), the National Registry for Evidence-based Parenting Programs (NREPP), and a number of state and local agencies as proven programs for the prevention and treatment of child abuse and neglect.</p> <p>The Departments of the Army and Navy utilize the Nurturing Parenting Program to enhance parenting skills for first time parents in bases worldwide.</p>
Curriculum Summary	<p>The Nurturing Parenting Programs are a family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices.</p> <p>Contains 80 Nurturing Parenting Skill Lessons to choose from to create a parenting program for families that meets their specific needs.</p> <p>Competency-based instruction helps parents learn the basic skills of Nurturing Parenting, a proven evidenced based program.</p> <p>Instructional lessons run 60 to 90 minutes and can be taught in group-based programs, home-based programs, or a combination of group and home-based.</p> <p>The Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scale (NSCS) are built in assessment tools to assess parenting beliefs, knowledge and skills.</p> <p>Measure the impact of the program with pre, post and process assessment tools. The Family Nurturing Plan (FNP) promotes a partnership between parents and professionals to work together in creating a parenting program that meets the specific needs of the family.</p> <p>Parents need to demonstrate competence in the Core Lessons that form the foundation of Nurturing Parenting. Increase parental commitment in attending and participating in learning Nurturing Parenting beliefs, knowledge and skills.</p>
Training Information	No training specified
Certification Required	None
Certification Requirements	None
Website	http://nurturingparenting.com/
Contact	1-800-688-5822

Name	Nurturing Program for Parents
Program Type	Home Visitation
Target Audience	Parents of Children ages birth through Five years
Credentials	Research-based
Curriculum Summary	The Nurturing Program for Parents and their Infants, Toddlers & Preschoolers is appropriate for Healthy Families program criteria and the target population. It provides parents and children with a structure in which to learn non-abusive ways of relating to others; breaking the cycle of child abuse and violence; and a nurturing style of parenting. Family Support Workers include discussion of parenting curriculum information in home visits. For parents who have reading or intellectual impairments, Family Support Workers can utilize the Easy Read Handbook of the Nurturing Program.
Training Information	The Nurturing Program offers training on the use of their curriculum. Our site had a trainer come to our agency and train us in a previous grant year. The curriculum materials are easy to use, and we currently train new staff to use them in home visits.
Certification Required	None
Certification Requirements	None provided
Website	www.nurturingprogram.com
Contact	Family Development Resources, Inc. PO Box 982350 Park City, Utah 84098-2350 (800) 688.5822

Name	Parents As Teachers, Foundational Curriculum
Program Type	Home Visiting
Target Audience	Birth through age three
Credentials	Evidence-informed and research-based
Curriculum Summary	<p>Foundational curriculum is designed to equip parent educators with information to identify and build on family strengths, capabilities, and skills and to foster family protective factors. It features family-friendly activities and resources that engage parents in their children's learning and development and inform their decisions around everything from nutrition to discipline to health. All the materials for parents are available in English and Spanish. Through parent educator resources, parent handouts, and activity pages, the curriculum promotes and strengthens the following content areas:</p> <ul style="list-style-type: none"> • Child Development • Parenting Behaviors • Parent-Child Interaction • Development-Centered Parenting • Family Well-Being <p>The Foundational Curriculum supports expected outcomes in both Parents as Teachers model affiliate programs and in other settings. It does this by: Helping parents understand what comes next in the progression of development so they can provide support for all four developmental domains (language, cognitive, social-emotional, and motor) as well as their child's approaches to learning.</p> <ul style="list-style-type: none"> • Providing up-to-date information that enhances parent educators' knowledge base and guides their role with families, including on sensitive topics such as maternal depression, substance use, mental health, domestic violence, developmental delays, and exposure to neurotoxins. • Offering easy-to-read handouts designed to reinforce parents' learning between personal visits, on topics ranging from play to sleep to nutrition to family relationships. • Suggesting more than 250 activities that explore parent-child interaction in the context of children's growth and development
Training Information	Foundational Curriculum is a three-day training for parent educators and other family support professional. Participants will be trained to effectively work with families to partner, facilitate, and reflect. Both the training and curriculum cover children's growth and development from before birth through age three. Highlights of the Foundational Training:

	<ul style="list-style-type: none"> • Emphasis on the Parents as Teachers approach to working with families. • Building relationship-based competencies for providing personal visits. • Strengthening protective factors to improve parenting behaviors and maximize child outcomes.
Certification Required	Yes, annual renewal is required.
Certification Requirements	Ongoing access to the Foundational Curriculum is contingent upon annual renewals.
Website	https://parentsasteachers.org/foundational-training-curriculum
Contact	For more information about traveling to the Parents as Teachers National Center office, please call (314) 432-4330 or email customerservice@parentsasteachers.org

Name	Parent Project—Loving Solutions
Program Type	Mentoring; Parent Education & Support
Target Audience	Parents with children 5 to 10 years of age
Credentials	Not researched-based
Curriculum Summary	Loving Solutions is a parent-training program designed specifically for parents raising difficult younger children, ages 5-10 years. Also known as “Parent Project®, Jr.,” this program utilizes the same principles found successful in Parent Project® Sr., adapted to the needs of younger children. Loving Solutions also addresses the needs of children with Attention Deficit Disorder.
Training Information	Our 40-hour Parent Project® Facilitator Training course provides the most comprehensive and effective instruction on high-risk youth; on-site or in Southern California
Certification Required	Not required but available
Certification Requirements	Parent Project® Certification is obtained by attending the 5 day, 40-hour Parent Project® Facilitator Training; Each trained Parent Project® Facilitator is issued a Certification Number which is necessary to order all Parent Project® Senior materials.
Website	https://parentproject.com/facilitator-training/
Contact	Phone: (800) 372-8886

Name	Parent Project—Senior
Program Type	Parent Education & Support
Target Audience	Adults
Credentials	
Curriculum Summary	Parent Project Senior “Changing Destructive Adolescent Behavior” is an award-winning intervention model addressing the <i>most</i> destructive of adolescent behaviors. We know of no other program that addresses it all: truancy, drugs, runaways, media, early teen sex, violence, gangs . . . Parent Project Senior promises concrete answers for every parent question asked.
Training Information	Our 40-hour Parent Project® Facilitator Training course provides the most comprehensive and effective instruction on high-risk youth available today. Participants learn proven strategies that change lives and discover how to develop a collaborative implementation plan designed to meet the specific needs of high-risk families in their community. Locations: California; in your vicinity; on-site of agency
Certification Required	Yes
Certification Requirements	Parent Project® Certification is obtained by attending the 5 day, 40-hour Parent Project® Facilitator Training. Due to the serious nature of many children’s high risk-behavior choices, satisfactory completion of the training is required to teach Parent Project® Senior programs. Each trained Parent Project® Facilitator is issued a Certification Number which is necessary to order all Parent Project® Senior materials.
Website	https://parentproject.com/
Contact	Phone: (800) 372-8886

Name	Parenting Now
Program Type	Parent Education & Support
Target Audience	Adults of children 0-6
Credentials	Research and evidence-based
Curriculum Summary	<p>The Parenting Now!® curriculum is derived from our nationally recognized, evidence-based curriculum Make Parenting A Pleasure®. The Parenting Now! curriculum is customized for the general population of parents with children ages 0-6, with more emphasis on child development and parenting skills such as emotion coaching and parental values.</p> <p>Simplified to seven sessions, Parenting Now! is ideal for use in health care systems, community colleges and other organizations that wish to offer in-depth parenting education to the universal population of parents of young children. Parenting Now! is research-based and evidence-informed.</p> <p>Provided through seven sessions, Parenting Now! targets key parenting concepts: parental values, stress management and realistic expectations, preventative discipline tools, communication, discipline, effective responses to challenging behaviors, and understanding children's feelings. Parenting Now! is designed by parenting educators for parenting educators. The curriculum's facilitated approach to parent education helps parents achieve their goals for their families and respects the diversity of those goals.</p>
Training Information	Currently, a two-day training in Eugene, OR; Each training accommodates up to 20 participants. We can also facilitate training at your site. For more information, please call 866-310-4601.
Certification Required	Not required but highly recommended
Certification Requirements	Complete training (see training information)
Website	https://parentingnow.org/
Contact	Phone: 541.484.5316
	86 Centennial Loop - Eugene, OR 97401 USA

Name	Parenting Now/ used with Small Wonders Program
Program Type	Home Visitation Program
Target Audience	Parents with special needs children or medically fragile children
Credentials	Parenting Now! is a primary research-based curriculum.
Curriculum Summary	<p>Parenting Now! developed by SAAVSUS is research-based and derived from the nationally recognized, evidence-based curriculum Make Parenting A Pleasure®. The Parenting Now! curriculum is customized for parents with children ages 0-6, with added emphasis on child development and parenting skills such as emotion coaching and parental values.</p> <p>Provided through seven sessions, Parenting Now! targets key parenting concepts: parental values, stress management and realistic expectations, preventative discipline tools, communication, discipline, effective responses to challenging behaviors, and understanding children's feelings. Parenting Now! is designed by parenting educators for parenting educators. The curriculum's facilitated approach to parent education helps parents achieve their goals for their families and respects the diversity of those goals.</p> <p>The Small Wonders Program also utilizes the Parent Stress Index, PSI, which is a researched, standardized measurement and assessment instrument. The PSI assesses the total stress index for a parent while identifying specific areas of individualized stress triggers. Stress that is derived from the parent's interaction with their special needs child and stress that is likely to result from the child's behavioral characteristics are identified to assist the Small Wonders Home Visitor and the parent(s) in pinpointing individualized areas of need. PSI results allow for greater focus on specific topics in the Parenting Now! curriculum, providing an individualized approach for each family.</p> <p>The PSI is used during pre and post-services, providing both reassurance for the parents that positive change is occurring and providing measurable program efficacy data. The Parenting Stress Index helps identify stressful aspects of parent-child interaction</p> <p>This tool is used for screening and is a triage measurement for evaluating the parenting system and identifying issues that may lead to problems in the child's or parent's behavior. Focuses on three major domains of stress: child characteristics, parent characteristics and situational/demographic life stress.</p>

Training Information	Parenting Now! offers exceptional training and is designed for parenting education professionals. Although training is not required, it enhances the experience of using the curriculum.
Certification Required	Not required but highly recommended.
Certification Requirements	Complete the online training.
Website	www.parentingnow.org and www.parinc.com
Contact	1-866-310-4601 Parenting Now!
	PAR by phone: 1 (800) 331-8378 – this is for the PSI form

Name	Parenting Piece by Piece
Program Type	Parent Education & Support
Target Audience	Parents at risk of child abuse and/or neglect (mandated or encouraged)
Credentials	
Curriculum Summary	<p>Parenting Piece-by-Piece is a series of eight parenting education sessions designed for use with parents who have been mandated or encouraged to attend parenting training due to risk of child abuse and/or neglect.</p> <p>The current curriculum also includes guidelines for adapting the program for use with incarcerated parents or with the caregivers of children whose parents have lost custody.</p> <p>Sessions address:</p> <ul style="list-style-type: none"> • normal child development • communication with adults and children • stress management • dealing with conflict and anger • discipline • use of community resources <p>Optional sessions address attachment and parenting or co-parenting from a distance.</p>
Training Information	None specified
Certification Required	No
Certification Requirements	None
Website	https://www.purdue.edu/hhs/extension/programs/detail.aspx?programId=21&category=family
Contact	(765) 494-4600
	Purdue University, West Lafayette, IN 47907

Name	Partnering with Teens
Program Type	Parent Education & Support
Target Audience	Parents of Adolescents
Credentials	Not researched-based
Curriculum Summary	<p>This dynamic training and a versatile curriculum of the same name offer constructive insights into teen parents, their children, and the unique life circumstances they all face.</p> <p>The 1,100 -page curriculum includes professional resources, parent handouts, and activity pages specifically geared for adolescents and young adults. Consider using it if you are a:</p> <ul style="list-style-type: none"> • Parents as Teachers parent educator • School counselor • Family and consumer science professional • Nurse • Family support professional working in a teen-focused program <p>Topics focus on:</p>

	<ul style="list-style-type: none"> • Development of life skills such as self-care and resourcing as adolescents approach adulthood. • Mindfulness techniques for focusing attention during parent-child interaction. • Parallel developmental needs of teens and their infants/ young children. • The important role of the father, whether he is in a relationship with the child's mother.
Training Information	<p>This two-day training is for professionals who work with adolescent parents and offers constructive insights into teen parents, their children, and the issues they all face. The training price includes curriculum titled, Partnering With Teen Parents and the Toolkit.</p> <p>This training covers the developmental characteristics unique to adolescents including adolescent brain development. It explores the mutual influences and potential impacts of the parallel developmental needs of adolescents and young children. Participants will learn practical parenting principles that contribute to healthy lifestyles for teen parents and their children. Participants will learn techniques to enhance teen parents' feelings of confidence and competence and strategies to equip the adolescent's ongoing transition into adulthood while parenting. You will also explore strategies to facilitate father involvement.</p> <p>LEARNING OUTCOMES</p> <ul style="list-style-type: none"> • Builds understanding the PAT Approach and the parallel process • Develop a basic Level of competency in navigation and utilization of the PAT PWTP Curriculum • Develop understanding of how Child Development and Parenting Behaviors drive issues • Impact of Family Well Being on the child
Certification Required	No but certificate available upon completion
Certification Requirements	N/A
Website	https://parentsasteachers.org/partnering-with-teen-parents
Contact	314.432.4330, x1256

Name	Play It Safe
Program Type	Community and school-based
Target Audience	Pre-K through high school
Credentials	Evidence-informed
Curriculum Summary	<p>Play it Safe! ® is a child abuse awareness and prevention program that incorporates age-appropriate scripts and movies to teach children how to reduce their risk of sexual and physical abuse, and sexual assault. It teaches them to recognize potentially abusive behavior, provides the tools to respond to threatening situations, and encourages them to report abuse to a trusted adult.</p> <p>Play it Safe!® is an <u>evidence-informed</u>, age-appropriate risk reduction program for Pre-K through high school age students. Since 1983, more than 1.5 million children in north Texas have learned about personal safety from The Women's Center's Play it Safe!® program. Each grade level's interactive curriculum speaks to children in a way that they can best learn and respond.</p>
Training Information	None provided; contact publisher
Certification Required	No
Certification Requirements	None
Website	Email: info@PlayitSafe.org
Contact	Tel: 1-888-984-2294
	The Women's Center of Tarrant County 1723 Hemphill Fort Worth, TX 76110 www.womenscentertc.org

Name	Positive Adolescent Choices Training (PACT): Violence Prevention/Anger Management
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Program Type	School-Based
Target Audience	6 th -12 th grade students
Curriculum Summary	<p>The Positive Adolescents Choices Training (PACT) program is a culturally sensitive social skills training program developed specifically for African American youth to reduce their disproportionate risk for becoming victims or perpetrators of violence. The cognitive-behavioral group training approach equips students with specific social skills to use in situations of interpersonal conflict.</p> <p>Through discussion, video, reflective exercises and role plays, students learn how to identify the types of violence they may encounter in school or in their neighborhood, distinguish between myths and facts about different types of violence, gun violence prevention education, understanding and controlling their anger and tips on handling conflict with others.</p>
Training Information	PACT has a training manual
Certification Required	None
Certification Requirements	None specified
Website	Resource can be ordered online.
Contact	<p>Dr. Janeece Warfield Janeece.warfield@wright.edu 937-775-4300</p>

Name	Principles of Parenting (ACES)
Program Type	Parent Education and Support
Target Audience	Parents of Teens
Credentials	Evidence-informed and research-based
Curriculum Summary	<p>25 Topics (Handouts)</p> <p>A few listed below:</p> <ul style="list-style-type: none"> • Communicating With Your Teen-Trust • Communicating With Your Teen-Talking About Sex • Communicating With Your Teen- Spending Time Together • Communicating With Your Teen- Negotiation • Communicating With Your Teen-
Training Information	None specified; contact ACES
Certification Required	No
Certification Requirements	None
Website	https://www.aces.edu/?s=Principles-of+Parenting
Contact	<p>For more information contact: Dr. Gary Lemme Extension Director, Auburn University, (334) 844-5546 glemme@aces.edu</p>

Name	Protective Factors (Strengthening Families)
Program Type	Parent Education and Support
Target Audience	Administrators, Directors, Professionals, Parents

Credentials	Research-informed approach to increase family strengths, enhance child development, and reduce the likelihood of child abuse and neglect.
Curriculum Summary	The Strengthening Families Approach and Protective Factors Framework™ describes five protective factors which research suggests mitigate the effect of exposure to risk factors and promote healthy family and child development and well-being, specifically: parental resilience, social connections, knowledge of parenting and child development, social and emotional competence of children, and concrete support in times of need. Although the Strengthening Families approach is most often implemented in contexts that serve children and families whose circumstances increase the likelihood of poor outcomes, the five protective factors are regarded as essential to help keep all families strong. This chapter will describe the research behind the five protective factors and recommendations for application in child- and parent-serving programs.
Training Information	<p>The curriculum consists of seven courses, each designed to be about 2 hours in length. The introductory course provides an overview, followed by each of the five protective factors and ending with a review and reflection course that helps participants move from knowledge to action. The introductory course can serve as a brief, stand-alone Strengthening Families™ 101 training.</p> <p>The Five Protective Factors Courses</p> <ul style="list-style-type: none"> ● Purpose and learning objectives for each course ● Definition and explanation of the protective factor ● Definition and explanation of program strategy (or strategies) and everyday actions ● Quizzes, activities and reflective questions ● Real-life parent stories, documenting the power of building protective factors ● Engaging mix of written text, video and audio examples ● Individualized Action Plan (IAP) work ● A direct link in the Websites and Resources section to the Strengthening Families™ Self-Assessment for that protective factor
Certification Required	Yes
Certification Requirements	Complete each course
Website	https://www.prosolutionstraining.com/
Contact	For more information about Protective Factors: 1117 Perimeter Center West STE W300 Atlanta, GA 30338 800.939.9694 support@prosolutionstraining.com

Name	Quenching the Father Thirst
Program Type	Fatherhood
Target Audience	Fathers
Credentials	Based upon research conducted by the National Center for Fathering (NCF) and our experiences with local court initiatives, this curriculum provides “culturally” relevant material that addresses many issues for fathers involving fragile families in urban areas.
Curriculum Summary	<p><i>Quenching the Father Thirst: Developing a Dad</i> is a breakthrough curriculum developed by the National Center for Fathering to train men to become responsible fathers/father figures that love, know and guide their children to success. This research and theory-based curriculum is a blueprint for guided programming interventions with fathers and is designed to be useful for fathers in any social service-based setting (courts, prisons, employment agencies, hospitals, drug rehabilitation centers, etc.) in any fathering situation (teen, single, married, divorced, non-custodial, step, father-figures etc.). It is a tool to transform the dysfunctional father into a functioning father and the functioning father into a higher functioning father.</p> <p>This curriculum was designed to:</p>

	<ul style="list-style-type: none"> • provide a framework for understanding the role of the father, • address the systemic barriers to fathering and • to provide training in specific skills to become the father his child needs.
Training Information	<p>Train the Trainer Program Overview:</p> <p>Equip Yourself to Impact Fathers and Their Families for a Lifetime! NCF Offers dynamic, hands-on instructor training to provide you with complete instructor materials and enhanced skills to train dads. You will be prepared for fathering presentations including:</p> <ul style="list-style-type: none"> • Experiencing NCF’s top-rated father training seminars • Taking part as a participant in the program • Reviewing your role as a trainer using instructor guides and supporting materials • Interacting with other men committed to training fathers – exchanging ideas and experiences <p>Learning about and sharing presentation and facilitation approaches to improve your impact</p> <p>Fathering Curriculum for Train the Trainer: <i>Quenching the Father Thirst</i> Recommended for Fathers in Challenging Situations Based upon research conducted by the National Center for Fathering (NCF) and our experiences with local court initiatives, this curriculum provides “culturally” relevant material that addresses many issues for fathers involving fragile families in urban areas.</p>
Certification Required	No
Certification Requirements	None
Website	http://fathers.com/wp-content/uploads/2019/03/Quenching-the-Father-Thirst-Curriculum-Overview.pdf
Contact	For more information about Quenching the Father Thirst: Email us at info@fathers.com to find out our pricing and schedule for training.

Name	Raising Special Kids
Program Type	Parent Education and Support
Target Audience	Birth to age 26
Credentials	Evidence-informed and research-based; provides information, training, resources, and support to families of children with disabilities and special health care needs.
Curriculum Summary	Raising Special Kids began in 1979 as a grass-roots effort of families, professionals, and community leaders determined to provide support and information for parents of children with disabilities and special health care needs.
Training Information	<p><u>Families</u> Workshops are available for families to aid in acquiring skills and information beneficial to parenting children with disabilities or special health care needs. We work hard to provide our workshops to families at no cost.</p> <p><u>Professionals</u> Programs for resident physicians in pediatrics and family practice relay information about parents' perspective on issues relating to medical services. Parent Panels and staff-led workshops are available to students in education, medical, oral health and social service fields.</p>
Certification Required	Yes
Certification Requirements	Not specified; contact publisher
Website	https://m.raisingpecialkids.org/
Contact	For more information about Raising Special Kids: Raising Special Kids 5025 E. Washington St., Ste. 204 Phoenix, AZ 85034 (800) 237-3007

Name	RELAX (Ready...Set...R.E.L.A.X.)
Program Type	Community or school-based; Mentoring
Target Audience	5 to 12 years old
Credentials	Researched Based Program of Relaxation, Learning and Self Esteem for Children by Jeffrey Allen, M. Ed and Roger Klein, PsyD
Curriculum Summary	<p>The objectives of the program include:</p> <ul style="list-style-type: none"> • Teaching children the role of anxiety and relaxation and recognizing the physical signs of stress. • Helping children identify the stressors in their lives and equipping them with problem solving responses and skills to initiate the relaxation response. • Developing an appreciation of healing music. <p>Results of the two-year pilot program indicated significant gains in the experimental group's achievement scores and self-esteem and significant decreases in self-report of depression and anxiety.</p> <p>The 66 scripts focus on the following themes: R = Releasing Tension E = Enjoying Life L = Learning A = Appreciating Others X = X-panding Your Knowledge</p>
Training Information	<p>Seminars & Workshops designed for parents, educators, counselors, health care providers, therapists and other professionals who work with children and teens are available.</p> <p>Books & CDs designed for use by therapists, teachers, counselors, parents, as well as children and teens themselves to provide an avenue for positive change.</p> <p>Please click on a link to find out more about our workshops, books and CDs to learn more about what you can do to help your child cope with stress.</p>
Certification Required	No
Certification Requirements	None
Website	http://www.readysetrelax.com/index.html
Contact	<p>For more information about Ready...Set...R.E.L.A.X.:</p> <p>Inner Coaching 1108 Western Ave. Watertown, WI 53094 Call 920-988-4794 • Fax 920-261-8801</p>

Name	Relationship Smarts
Program Type	School-based; Mentoring
Target Audience	Teens and Young Adults
Credentials	Evidence-based curriculum included in the Substance Abuse and Mental Health Services Administration's National Registry for Evidence-based and Promising Practices, or NREPP. The curriculum has been demonstrated to reduce teen dating violence and abuse and to increase youth's assets.
Curriculum Summary	Relationship Smarts PLUS (RQ+) SRA helps teens make healthy relationship, dating, and sexual decisions for themselves by focusing on their futures. It is a lively, media-infused and activity-based comprehensive healthy relationship skills and sexual risk avoidance program for young teens. The curriculum's 13 lessons embody an innovative and integrated approach that addresses positive youth development, life skills, healthy relationships, communication/conflict management, dating violence, and sexual delay and risk avoidance.

Training Information	<p>The <i>Relationship Smarts Plus</i> curriculum contains 13 lessons regarding identity, principles of healthy dating, and communication skills. Lessons also include warning signs of abusive relationship and address the issue of intimate partner violence. At its core, the curriculum is built to teach youth how to realistically assess their real and potential dating relationships before making commitments or engaging in behaviors that may lead to unintentional commitments. This is a useful curriculum for educators seeking to engage a teen audience with research-informed activities in an area where teens have few sources of reputable information.</p> <ul style="list-style-type: none"> • Lesson 1: Who Am I and Where Am I Going? • Lesson 2: Maturity Issues and What I Value • Lesson 3: Attractions and Infatuation • Lesson 4: Principles of Smart Relationships • Lesson 5: Is It a Healthy Relationship? • Lesson 6: Breaking Up and Dating Violence • Lesson 7: Decide, Don't Slide! • Lesson 8: Communication and Healthy Relationships • Lesson 9: Communication Challenges and More Skills • Lesson 10: Sexual Decision-Making • Lesson 11: Pregnancy, STDs and HIV Lesson 11: Pregnancy, STDs and HIV • Lesson 12: Unplanned Pregnancy Through the Eyes of a Child • Lesson 13: Teens, Technology and Social Media
Certification Required	No
Certification Requirements	None
Website	https://www.dibbleinstitute.org
Contact	<p>For more information about Relationship Smarts: PO Box 7881 Berkeley, CA 94707-0881 800.695.7975 relationshipskills@dibbleinstitute.org</p>

Name	Safe Dates
Program Type	School-based program that can stand alone or fit within a health education, family, or general life-skills curriculum.
Target Audience	Middle/High School
Credentials	Evidence-Based Program to Prevent Dating Violence
Curriculum Summary	<p>An Adolescent Dating Abuse Prevention Program</p> <p><i>Safe Dates</i> is a curriculum that educates youth and adolescents on how to identify and prevent dating violence. Through ten engaging sessions, students will learn and discuss the causes of dating violence, how they can help a friend in an abusive relationship, common gender stereotypes regarding dating violence, and important prevention techniques.</p> <p>The curriculum includes:</p> <ul style="list-style-type: none"> • Updated statistics and facts on dating violence and sexual assault • Information on dating abuse through technology • A CD-ROM with reproducible handouts and parent resources • A new <i>Families for Safe Dates</i> program to help facilitate conversations about healthy relationships and dating abuse
Training Information	<p>Implementation Training: EDUCATION AND EMPOWERMENT</p> <ul style="list-style-type: none"> • Building Assets, Reducing Risks (BARR) • Olweus Bullying Prevention Program <p>PREVENTION</p> <ul style="list-style-type: none"> • Safe Dates • Too Good for Drugs • Project Northland & Class Action

	<ul style="list-style-type: none"> • Model Smoking Prevention Program <p>INTERVENTION</p> <ul style="list-style-type: none"> • Marijuana Brief Intervention • Teen Intervene • Exploring Trauma • Healing Trauma <p>TREATMENT</p> <ul style="list-style-type: none"> • Living in Balance • The Matrix Model • Twelve Step Facilitation • Co-occurring Disorders Program • Severe Mental Disorders Program (IDDT & IMR) • Beyond Trauma • CANDIS Marijuana Treatment <p>JUSTICE-INVOLVED CLIENTS</p> <ul style="list-style-type: none"> • A New Direction • The Matrix Model for Criminal Justice • Responsible Decisions DUI Program <p>Contact Us at 1-800-328-9000 for training information</p>
Certification Required	No
Certification Requirements	None
Website	https://www.hazelden.org/web/public/safedates.page
Contact	1-800-257-7810 info@hazeldenbettyford.org

Name	Smart and Secure Parenting Leadership Program
Program Type	Parent Education and Support
Target Audience	Parents
Credentials	Evidence-based
Curriculum Summary	Smart and Secure Children (SSC) is a quality parenting curriculum that was co-designed by parents and led by parents in the community.
Training Information	<p>SSC is delivered in a social, supportive group, mentored by a parent and facilitated by a parent leader using a conversational learning method referred to as “conversepedia” for a group of up to six parents. Group sessions are held once a week for a total of 10 weeks or can be flexibly arranged to meet varied scheduling needs. Topics discussed during the program include:</p> <ul style="list-style-type: none"> • How The Brain Develops • What Makes A Child’s Brain Develop and Grow? • Watch Them Grow: Developmental Milestones • Ways to Help Your Child’s Brain Thrive & Come Alive • Ways to Watch TV Together • Defining Social and Emotional Health • Critical Needs of Socially and Emotionally Healthy Children • Ten Things to Do at Home Towards Social and Emotional Health • Parents’ Self-Care and Nurturing • Working with Challenging Behaviors Through Positive Discipline
Certification Required	No

Certification Requirements	None specified
Website	https://alabamapartnershipforchildren.org/our-work/strengthening-families/
Contact	For more information about Smart and Secure Children (SSC) Parent Leadership Program, contact Tish MacInnis by email at tmacinnis@APCteam.org or by phone at 1-866-711-4025.

Name	Smart Steps
Program Type	Parent Education and Support
Target Audience	Adults and children ages six (6) weeks to kindergarten
Credentials	Research-based
Curriculum Summary	<p>The program uses informational presentations, group discussions, and a multi-media approach to teach strategies for building healthy relationships and stable stepfamilies. Smart Steps for Families addresses these topics:</p> <ul style="list-style-type: none"> • Stepfamily myths • Realistic expectations for adults and children • Stages of Stepfamily development • Legal issues • Finances • Defining roles and rules • Developing empathy • Understanding child development • Stepparent-step child relationships • Communication with your child's other parents

	<ul style="list-style-type: none"> • Building respectful and caring relationships
Training Information	Online training: Understanding Stepfamilies (see website for additional information)
Certification Required	Certified required for trainers
Certification Requirements	See contact information
Website	https://www.stepfamilies.info/
Contact	Francesca Adler-Baeder, Ph.D. National Stepfamily Resource Center Auburn University adlerfr@auburn.edu

Name	Steps to Respect Bullying Prevention Program
Program Type	School-Based
Target Audience	Elementary students, 4 th and 5 th grades
Curriculum Summary	<p>Steps to Respect® is a research-based, comprehensive bullying prevention program developed by Committee for Children. The program is designed to decrease school bullying problems by teaching social-emotional skills to counter bullying and to promote healthy relationships. The program is intended for elementary students in grades 3 through 6, following from the premise that the upper elementary years are a particularly important developmental stage to influence bullying-related skills, beliefs, and behavior.</p> <p>Students learn how to identify what bullying is, types of bullying, what to do if someone is bullying them, how to report bullying and what to do if they see someone being bullied.</p>
Training Information	Online training and webinars through the Committee of Children website and listserv
Certification Required	None specified

Certification Requirements	None specified
Website	www.cfchildren.org
Contact	Sally Vilardi Director of Marketing & Outreach Committee for Children 2815 Second Avenue, Suite 400 Seattle, WA 98121 800-634-4449

Name	Survival Skills for Women
Program Type	Community Awareness; Mentoring
Target Audience	Women
Credentials	Research-based; Field tested
Curriculum Summary	Women who are residents of an inner-city housing project. Over three and a half years of research, development, and field testing lent itself to Survival Skills for Women ® (SSW) becoming the training and curriculum model for other programs which have followed. Providing a supportive learning environment lays the foundation for participants to learn basic, functional life skills that increase personal and economic independence, while improving their sense of personal value and empowerment.
Training Information	The 10 workshops are in 3-hour formats: Workshop Topics <ul style="list-style-type: none"> • Assertiveness

	<ul style="list-style-type: none"> • Personal Health • Nutrition • Money Management • Child Management • Self-Advocacy • Legal Rights & Responsibilities • Coping with Crisis • Community Resources • Re-Entry/Employment
Certification Required	No
Certification Requirements	Not stated; see website
Website	http://ssedinc.org/
Contact	http://ssedinc.org/

Name	Surviving Adolescents
Program Type	Parent Education and Support
Target Audience	Parents
Credentials	Evidence-informed and research-based
Curriculum Summary	Learn how to teach the popular Surviving Your Adolescents program in one-on-one clinical settings or in small or even large groups. Dr. Phelan's Surviving Your Adolescents book has sold over 130,000 copies. Surviving Your Adolescents gives concrete solutions while at the same time recognizing the tremendous emotional complications that are involved in parenting teens. If you are a private mental health practitioner, you can use Surviving Your Adolescents to enhance the effectiveness of your family counseling. If you are a social service organization or mental health center, the program can increase the effectiveness of your community outreach.

Training Information	<p>The Surviving Your Adolescents Training Package is designed to maximize your success in marketing and conducting the program.</p> <p>Training package includes:</p> <ul style="list-style-type: none"> • Surviving Your Adolescents Leader Guide: 40-page booklet (110 slides) that corresponds to the material in the book (3rd Edition) and the DVD • 1-2-3 Magic Teen: Communicate, Connect, and Guide Your Teen to Adulthood (4th Edition) • Surviving Your Adolescents DVD • PowerPoint® and Keynote® slide presentations (on disc) • Surviving Your Adolescents Mini-Workbook: informative and provocative handouts (one per book chapter) assist in stimulating useful and engaging family or small-group discussions • Participant Booklets: 40-page Participant Booklets • Advertising and press release materials • CD-Rom: digital file that allows you to print slide presentations, Participant Booklets, Pre- and Post-Tests, Mini-Workbooks, and Training FAQs
Certification Required	No
Certification Requirements	None specified
Website	https://www.123magic.com/training-materials/surviving-your-adolescents-presentation-package.html
Contact	<p>For more information about Surviving Adolescents: SOURCEBOOKS, INC. Attn: 1-2-3 Magic 1935 Brookdale Rd. Suite 139 Naperville, IL 60563 Toll free : +1 844 432 7441</p>

Name	System Training for Effective Parenting (STEP)
Program Type	Parent Education and Support
Target Audience	Parents
Credentials	Research-based
Curriculum Summary	<p>The STEP approach to parenting is based on the belief that every child and every parent has equal human worth and dignity. All are entitled to mutual respect. The system of discipline taught in STEP stresses this type of relationship. The authors believe that parents should provide opportunities for children to make decisions, within limits, allowing children to be responsible for their decisions.</p> <p>Other skills that are taught:</p> <ul style="list-style-type: none"> • identifying the four goals of misbehavior • understanding beliefs and feelings • encouraging your child and yourself • reflective listening and I messages • helping children cooperate • discipline that makes sense
Training Information	<p>Attendees of the workshop receive:</p> <ul style="list-style-type: none"> • a full workshop manual with workshop-specific handouts • a STEP kit of your choice • four (4) STEP participant books (STEP, STEP/Teen, Early Childhood STEP, and STEP Spanish) <p>Additional Benefits:</p> <ul style="list-style-type: none"> • Dynamic, experienced, and helpful leaders will lead your workshop. • See a demonstration of how to start a STEP group. • Learn what NOT to allow in the first group session. • Learn the differences between praise and encouragement. • Learn how to teach the first session when parents don't have the books. • Learn how to use the video effectively. • Learn the "Learning Cycle" -- get the key ingredients to successful changes in parent beliefs and behaviors. • Learn how to use STEP in therapy, counseling, couples counseling. • Learn how to use STEP one on one with a single parent.
Certification Required	No; Training is provided. See website for additional information.
Certification Requirements	None
Website	https://www.steppublishers.com/
Contact	<p>For more information about STEP:</p> <p>STEP Publishers, LLC Phone and FAX number is: 800-720-1286 Mailing address is: STEP Publishers, LLC 21 Commerce Parkway, Suite 104 Fredericksburg, VA 22406</p>

Name	Tar Wars
Program Type	School-based tobacco use prevention
Target Audience	4th and 5th grade youth

Credentials	The Tar Wars program was developed by Jeff Cain, MD and Glenna Pember in 1988. The program has reached more than 10 million children worldwide.
Curriculum Summary	Tar Wars is a tobacco free education program for fourth and fifth graders students. The program is designed to teach kids about the short-term health effects of tobacco use the cost associated with using tobacco products and the advertising techniques used by the tobacco industry to market their products to youth.
Training Information	The Tar Wars program guide (2 page) is for teachers and presenters and provides instructions for implementing the Tar Wars program in the classroom.
Certification Required	None
Certification Requirements	None
Website	tarwars.org
Contact	AAFP Tar Wars 11400 Tomahawk Creek Pkwy Leawood, KS 66211

Name	Together We Can: Creating Healthy Future
Program Type	Parent Education and Support
Target Audience	Parents (co-parenting relationships; unmarried)
Credentials	Evidence-informed and research-based
Curriculum Summary	<p><i>Together We Can</i> helps single parents develop skills to strengthen positive co-parenting relationships, effectively manage stress and conflict, maintain the ongoing involvement of both parents, and make healthy decisions about future romantic and couple relationships.</p> <p>This curriculum has five goals:</p> <ul style="list-style-type: none"> • To prepare unmarried parents to set goals to promote and create a healthy future for their children. • To help unmarried parents establish a positive co-parenting relationship that enables them to work together in raising their child. • To ensure the on-going and sustained involvement of both parents, especially the father, whenever possible in their children's lives. • To encourage the on-going payment of child support and provision of other forms of support by the non-custodial parent. • To prepare unmarried parents to make healthy decisions (with their child's best interests in mind) about their romantic and couple relationships.
Training Information	<p>The program can be offered in a one-on-one, couple, or small group format. The curriculum is designed so that the facilitator can tailor the materials to the needs and interests of the participants and group size.</p> <p>The six-module curriculum include:</p> <ul style="list-style-type: none"> • Positive co-parenting relationships • Stress and conflict management strategies • Ongoing involvement of both parents • Money management/child-support payment • Healthy decisions about romantic and couple relationships
Certification Required	No
Certification Requirements	None
Website	https://www.canr.msu.edu/resources/together_we_can_training
Contact	For more information about Together We Can: Creating Healthy Future: Contact : Dawn Contreras, PhD contrer7@msu.edu 517-353-3886

Name	The WhyTry Program
Program Type	School-based
Target Audience	Middle and high school adolescents
Credentials	The WhyTry program is based on the life experiences of founder Christian Moore and what he learned from his informal foster mother Miss Patricia Jackson. Christian came from a very challenging home environment with parents that struggled with mental health issues, diagnosis of ADHD and learning disabilities.
Curriculum Summary	WhyTry is an evidence-based social and emotional learning program has proven to be a successful intervention tool in a variety of settings, populations and age groups. The WhyTry program is a resilience education curriculum that provides simple hands-on solutions for dropout prevention, violence prevention, truancy reduction and increased academic success.
Training Information	Training is provided through webinars and implementation guide
Certification Required	None
Certification Requirements	None
Website	WhyTry.org
Contact	1-866-949-8791 WhyTry 5455 N River Run Dr. Provo Utah 84604

Name	TooGood for Drugs and Violence
Program Type	School-based
Target Audience	Middle school and high school age youth
Credentials	The Mendez Foundation, for over 40 years has developed and implemented prevention education programs for K through 12 that teach kids they are too good for drugs and violence.
Curriculum Summary	Too Good for drugs and violence prepare students the skills they need for academic, social and life success. Interactive games and activities provide practical guidance on dating and relationships, building healthy friendships and refusing negative peer influence. Students learn how to navigate the challenges of social and academic pressures. The evidence-based lessons use collaborative and experiential learning strategies to help students practice the skills proven to prevent violence and other risky behaviors.
Training Information	The Too Good tool kit includes teacher's manual with step-by-step instructions for implementation
Certification Required	None
Certification Requirements	None
Website	toogoodprograms.org
Contact	1-800-750-0986 C.E. Mendez Foundation Inc. 200 Ottley Drive NE Atlanta, GA 30324

Name	Tuning in to Kids
Program Type	Parenting Education and Support

Target Audience	Parents
Credentials	Developed by Dr Sophie Havighurst and Ann Harley in Melbourne, Australia, and has been evaluated in multiple randomized controlled trials that have shown the program leads to positive outcomes including improving parenting, parent-child relationships and children's emotional competence and behavior. The program has been particularly effective with children with clinical-level emotional and behavioral difficulties
Curriculum Summary	<p>Tuning in to Kids is an evidence-based parenting program that focuses on the emotional connection between parents and children. In particular, the program teaches parents skills in <i>emotion coaching</i>, which is to recognize, understand and respond to children's emotions in an accepting, supportive way. This approach helps the child to understand and manage their emotions.</p> <p>Other collaborations: Tuning in to Teens™, Dads Tuning in to Kids™, and Tuning in to Toddlers™.</p> <p>Tuning in to Teens™ is a modification of the Tuning in to Kids program for parents of adolescents. The program provides parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive, empathic and staying connected with the young person. The program has been evaluated in a randomized controlled trial of the program with parents of pre-adolescents and is currently being evaluated with parents of secondary school aged children and with caretakers of adolescents in out-of-home care.</p> <p>Dads Tuning in to Kids™ is a modification of the Tuning in to Kids program intended specifically for fathers. It includes some additional content of relevance to fathers, while still focusing on the core skills of emotion coaching and building a strong father-child connection. This version of the program has been successfully piloted, and a randomized controlled trial with fathers of pre-school children is nearing completion.</p>
Training Information	The Tuning in to Kids™: Emotionally Intelligent Parenting Program Manual is available to trained Tuning in to Kids facilitators only. To purchase please contact Mindful – Centre for Training and Research in Developmental Health on +61 (0)3 9371 0214 or email tik-info@unimelb.edu.au [Please note: the Program Manual includes a copy of the Emotion Coaching USB] All content © Copyright 2020 by Tuning In To Kids.
Certification Required	Not required but available
Certification Requirements	None
Website	Tuning in to Kids, Mindful, University of Melbourne Website: www.tuningintokids.org.au
Contact	Email: sshavi@unimelb.edu.au

Name	Understanding Dad
Program Type	Parent Education & Support; Fatherhood Initiative
Target Audience	Mothers
Credentials	Evidence-based
Curriculum Summary	<p>Understanding Dad™ is a unique program that helps mothers improve the relationships they have with fathers, for the benefit of their children. This program helps mothers better understand the importance of involving dad in their children's lives, and how to better communicate with the father(s) of their child(ren).</p> <p>Oftentimes, the mothers' gatekeeping behavior that can prevent or reduce fathers' access to their children - when fathers' involvement in their children's lives would actually benefit their children. This program encourages self-awareness and helps moms improve the communications skills they need to improve their relationships with the fathers of their children.</p> <p>Understanding Dad™ raises mothers' awareness about the importance of father involvement in the lives of their children. It helps mothers to reflect on how their own developmental histories have and continue to influence the relationships with the fathers of their children. It also teaches mothers communication skills to improve the partnership between them and the fathers of their children in raising their children (e.g. co-parenting when mothers and fathers are no longer together).</p>

Training Information	<ul style="list-style-type: none"> • Program Guide in Facilitator's Manual provides all necessary facilitator info to run the program successfully. • In-person facilitator training at your location is available. <p>Receive 1 or 2 days of NFI training at your location for up to 30 attendees or schedule a custom webinar training. Our training institutes can be customized with your organization's focus or goals in mind.</p>
Certification Required	No; See website for additional information
Certification Requirements	None
Website	www.fatherhood.org
Contact	c/o National Fatherhood Initiative 12410 Milestone Center Dr., Suite 600 Germantown, MD 20876 Phone: 240-912-1263 FAX: 301-948-6776 E-Mail: fathersource@fatherhood.org