



Alabama Department of Child Abuse & Neglect Prevention
The Children's Trust Fund



Tobacco Cessation Resources

American Heart Association

Resources and information on quitting smoking

- Link: http://www.heart.org/HEARTORG/HealthyLiving/QuitSmoking/QuitSmoking_UCM_001085_SubHomePage.jsp

American Lung Association

Resources for tobacco cessation and prevention and who covers the cessation programs

- Link: <http://www.lung.org/our-initiatives/tobacco/cessation-and-prevention/>

Freedom From Smoking Plus – Initiative is an online initiative to assist in quitting smoking by ALA Flexible online format includes nine sessions to be completed over a six-week period.

- Available on your desktop, tablet or smartphone
- Fully updated with engaging activities, content and tools
- Includes telephone and online chat support (Lung HelpLine)
- [Join now](#)
- Link: <http://www.freedomfromsmoking.org/>

Alabama Public Health Department

The Alabama Tobacco Quitline is a free telephone and online coaching service for any Alabamian who is ready to quit tobacco. Information, referrals and coaching are confidential, and sessions are designed on a schedule that is convenient for you. If you are eligible, you may receive a free two-week supply of nicotine replacement therapy patches.

Website for Tobacco Quitline: <https://quitnowalabama.com/>

- Toll Free Line for Quit Now 1-800-QUIT-NOW (784-8669)
- Tobacco Cessation Resources by region
<https://www.alabamapublichealth.gov/tobacco/local-cessation-programs.html>

Area Prevention Coordinators Affiliated with Health Departments:

- Area 1 Counties: Lauderdale, Colbert, Franklin, Marion, Walker, Winston
Partnership for a Tobacco-Free Shoals/Smoke-free Shoals
4112 Chisholm Road Florence, Alabama 35630



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Phone: (256) 765-7557

Fax: (256) 764-2410

Mailing Address: Lauderdale County Health Department

P.O. Box 3569

Florence, Alabama 35630-3569 2

- Area 2 Counties: Lawrence, Cullman, Jackson, Limestone, Madison, Marshall, Morgan

Tobacco-Free Huntsville

Kelli Bush, RN, MSM

301 Max Luther Dr. NW

Huntsville, AL 35811

Phone: (256) 533-8662

Fax: (256) 533-1570

Mailing Address:

Public Health Area 2 Madison County Health Department

P.O.Box 17708

Huntsville, Alabama 35810

- Area 3 Counties: Tuscaloosa, Bibb, Greene, Fayette, Lamar, Pickens, Tobacco-Free Tuscaloosa County

Faye Royal, MA

2350 Hargrove Road East

Tuscaloosa, Alabama 35405

Phone: (205) 554-4558

Fax: (205) 556-2701

Mailing Address:

Public Health Area 3 Building

P.O. Box 70190

Tuscaloosa, Alabama 35407

- Area 4 County: Jefferson Coalition for a Tobacco-Free Jefferson County

Lonnie Pressley MPH, MSEM, CP-FS, HHS

1400 6th Avenue South

Birmingham, Alabama 35233

Phone: (205) 930-1248

Fax: (205) 939-3019

Mailing Address:

Jefferson County Department of Health

P.O. Box 2648

Birmingham, Alabama 35202-2648

- Area 5 Counties: Etowah, Blount, Cherokee, DeKalb, St. Clair, Shelby



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Pelham Tobacco-Free Coalition & Shelby County Drug Free Coalition

Janet Hill, B.B.A.

Cherokee County Health Department

833 Cedar Bluff Rd.

Centre, AL 35960

Phone: (256) 927-1984

Fax: (256) 927-7068

- Area 6 Counties: Calhoun, Chambers, Clay, Cleburne, Coosa, Randolph, Talladega, Tallapoosa Calhoun County Coalition Against Tobacco Vacant
3400 McClellan Boulevard
Anniston, Alabama 36201
Phone: (256) 240-6662
Fax: (256) 240-2615
- Area 7 Counties: Dallas, Choctaw, Hale, Lowndes, Marengo, Perry, Sumter, Wilcox
Dallas County Smoke-Free Coalition Vacant
Dallas County Health Department
100 Sam O. Moseley Drive
Selma, Alabama 36701
Phone: (334) 877-2876
Fax: (334) 872-7960
- Area 8 Counties: Montgomery, Autauga, Bullock, Chilton, Elmore, Lee, Macon, Russell Montgomery Tobacco Free Task Force; Montgomery Unified Prevention System (MUPS)
Knoxye Williams and Monica Moore
201 Monroe St., Suite 960
Montgomery, Alabama 36104
Phone: (334) 206-5220
Fax: (334) 206-0311
- Area 9 Counties: Clarke, Baldwin, Butler, Conecuh, Covington, Escambia, Monroe, Washington Coalition for a Tobacco-Free Escambia County; Coalition for a Healthier Escambia County Escambia County Health Department
1115 Azalea Place
Brewton, Alabama 36426
- Area 10 Counties: Pike, Barbour, Coffee, Crenshaw, Dale, Geneva, Henry, Houston
Coalition for a Tobacco-Free Houston County
Vacant
1781 East Cottonwood Road



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Dothan, Alabama 36301

- Area 11 County: Mobile
Mt. Vernon Wellness Coalition
Vacant
Mobile County Health Department-Keeler
251 North Bayou Street
Mobile, Alabama 36603

Centers for Disease Control Resources

- Tips and Resources for quitting https://www.cdc.gov/tobacco/quit_smoking/
- Second Hand Smoke Impacts – How protect children
https://www.cdc.gov/tobacco/basic_information/secondhand_smoke/protect_children/index.htm

smokefree.gov

SmokefreeTXT is a mobile text messaging service designed for adults and young adults across the United States who are trying to quit smoking. The program was created to provide 24/7 encouragement, advice, and tips to help smokers quit smoking and stay quit.

- Link: <https://smokefree.gov/smokefreetxt>

Tar Wars Program

Tar Wars is a tobacco-free education program for fourth- and fifth-grade students. The program is designed to teach kids about the short-term health effects of tobacco use, the cost associated with using tobacco products, and the advertising techniques used by the tobacco industry to market their products to youth

- Link: <https://www.aafp.org/family-physician/patient-care/care-resources/tobacco-and-nicotine/tar-wars.html>